

# Greater Phoenix Orienteering Club

Long popular in Scandinavian countries, orienteering is sport which is growing rapidly in the U.S. and Canada.

Orienteers use topographic maps and compass to plan cross-country routes, then use a variety of techniques to travel the route they have planned.

There are orienteering activities for people of all ages and at all levels of skill and fitness.

Competitive orienteering takes place at "meets", where participants use map and compass to find control markers, placed at designated land features by the meet organizers. Hunters and hikers use orienteering skills to go "off the beaten path". Scouts can earn a merit badge in orienteering.

## Events

The Greater Phoenix Orienteering Club sponsors a variety of orienteering activities in the Phoenix, Arizona area:

- competitive meets
- free beginner's clinics
- free practice courses

## Greater Phoenix Orienteering Club - Information and Activities

Greater Phoenix Orienteering Club  
c/o Rockledge Services  
P.O. Box 51114  
Phoenix, AZ 85076-1114



## Join GPHXO Today

Name

Street Address

City, State, Zip

(Area Code) Day Phone

(Area Code) Evening Phone

E-Mail Address (Required for e-mail membership, we will e-mail you when the latest newsletter is on the website.)

New Member       Renewal

CHOOSE: mail me the monthly newsletter:

FAMILY (\$17/year)     INDIVIDUAL (\$15/year)

OR: download/view newsletter on website:

FAMILY (\$12/year)     INDIVIDUAL (\$10/year)

YES, I can help staff a club meet. Call me.

Members have voting privileges and receive a discount on club events.

### MAIL THIS FORM TO:

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P.O. Box 51114  
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How did you hear about the Greater  
Phoenix Orienteering Club?

## Orienteering Meets

In an orienteering race (referred to as a meet), the organizer places control markers at designated land features, which act as checkpoints for the course. Each orienteer is given a detailed topographic map with the control points marked, and a score card on which participants mark a punch to indicate they have visited a control. Competitive orienteering develops a person's ability to think under pressure and make wise decisions, along with his or her athletic skills.

There is a small registration fee for each GPHXO meet. Each meet includes a non-competitive "recreation level" for those who just want to practice their skills. Most meets also include a clinic on basic map and compass skills for beginners.

## Short Courses and Clinics

GPHXO conducts a variety of beginner's clinics to teach orienteering skills. These free clinics introduce basic orienteering techniques and offer one or two free practice courses which allow participants to practice their skills.

## Two-Day Classes

To really develop your skills, attend one of GPHXO's two-day Land Navigation classes where you can learn and practice navigating skills. These intensive, adult oriented classes cover:

- how to use a compass
- how to read topographic maps
- six methods of finding your way from point to point.
- route planning strategies
- how to get un-lost

Our Land Navigation classes are offered by special request only. Please contact the club if you or your organization would like more information.

## How to Contact Us

Correspondence:  
Greater Phoenix Orienteering Club  
c/o Rockledge Services  
P.O. Box 51114  
Phoenix, AZ 85076-1114

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Visit us on the web at:  
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