



NEWSLETTER - JUNE 2003



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

The Palisades, June 15th

Get Cool in June! The June meet will be held June 15, 2003, at the Palisades site on Mt.

Lemmon. Nice & cool! Mike Franklin of the GPHXO club will be setting a two-hour Score-O. Come see how many controls you can bag. Meet directors are Pete and Judy Cowgill (520-887-1514). Give them a call if you can help for a few hours, or volunteer at the meet. **Carpooling recommended due to limited parking space.** Meet at Tanque Verde and Catalina Highway between 7:30 and 9:30 a.m. Also, there will be camping on Saturday night. Check the Tucson website or call Pete or Judy for further details on these matters.

Directions: Take Catalina Highway 19.8 miles to Organization Ridge Road (just before the Palisades Visitor Center). Turn left and, bearing right, go about 0.4 mile to the gate for Showers Point. Watch for the O signs.

Fees: \$5/individual, \$8/team, for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets, is required to carry some type of safety whistle.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the beginners' clinic, arrive between 8:30 and 8:45 a.m.

Schedule:

8:30 a.m. Registration opens.
8:45 a.m. Beginners' clinic starts.
9:00 a.m. Courses open.
11:00 a.m. Last time to start a course.
12 noon-1 p.m. Route choice reviews
1:00 p.m. Courses close. Begin control retrieval—good orienteering practice, lots of help always needed. Volunteer before 12 noon with the meet director.

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before leaving the meet site.

Route-Choice Reviews: Between noon and 1 p.m., the course setter or an advanced orienteer will discuss route choices with returning participants, probably near Start/Finish area.

MORE INFO: www.tucsonorienteering.org

Greater Phoenix Orienteering Club
<http://www.geocities.com/phxo>

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Welcome New Officers

We had a good meeting on May 20th at Macayo's Mexican Restaurant in Tempe. We had a good dinner, good discussion, and a number of club members present who are stepping up to more active involvement. A great big welcome to Celia Jansen as our new secretary, Ron Jansen as our new volunteer coordinator, Tim Tablada as our new publicity person, Gary Thomas who has volunteered as an occasional meet director, and to Sherman Epperson, our new webmaster. Just because we've had these people step forward, please don't become complacent - we'll be needing new officer volunteers in November to serve the 2004 term. REMEMBER: this is a club and that means every has to contribute to make it happen. We have no paid staff to serve you, everyone needs to serve sometimes, whether as officer, occasional meet director, course setter, course vetter, control hanger, and in any other capacity you can think of. Please step forward occasionally and help your club.

Need a Reason To Go To Seattle in July?

Seattle Night & Day is an urban team foot race with a strategy component. You choose your route to maximize your score by visiting checkpoints throughout Seattle and nearby Vashon Island for 3, 7, or 16 hours. The Cascade Orienteering Club hopes many of you will join them on July 19 for their region's second metrogaine, the Seattle Night & Day Navigation Challenge (www.seattlenightandday.com).

Checkpoints will be located at landmarks both famous and obscure, as well as scenic parks and rural areas. Your route will give you a tour of Seattle at its best. Expect the daytime to be sunny and dry -- though rain can *never* be ruled out -- the dusk to be late and long, and the night to be cool, with a half moon after midnight. A feast awaits you upon your return from the 7 or 16 hour race.

Why do an urban rogaine? They've got some answers from previous Bremerton participants. For rogaine veteran Curtis Condon it was "a training run and a way to get quality family time." Sue Williams found it a chance to gather landscaping ideas and get her mind off work. Locals learned new things about their city. "[The course] kept pointing to things I'd never taken notice to ... it was an eye opener," said Eric Brown, a Boy Scout from Bremerton.

Eugen Groff, member of the winning team, was in it for the challenge. "We decided to shoot for ALL the controls and our only strategy was to cover the whole route as fast as possible."

An exciting lineup is developing for the 16 hour division of the Night & Day. One team includes Dean Vergillo, member of the winning Bremerton team.

Another is a pair of accomplished ultra-marathoners who have never orienteered. Still other teams include experienced rogainers. Can ultra runners out-rogaine orienteers in an urban environment? Come be part of this exciting race!

Seattle summers are spectacular--warm but rarely hot, never humid, with crisp clean air and sunshine sparkling off the waters all around. See their website for more Night & Day details.

- **Event center:** A private home in Seattle's Central Area.
- **Event fees:** \$10-\$55 per person
- **Check in:** 1:00 - 2:30 PM Saturday
- **Mass start:** 4:00 PM Saturday

GPHXO Upcoming Event Schedule

June 15	Join with Tucson
July 20	Join with Tucson
August 9-10	(CHANGED) Camp-Out
August 16-17	Lake Mary, AZ State Champs
September 27	Thumb Butte (Prescott NF)
October 16 & 18	Fall Land Navigation Class
November 1	Lake Pleasant (Joint JROTC)
December 13	Bomboy Mine (Joint JROTC)
January 10, 2004	some place new???
February 14, 2004	First Water (Joint JROTC)
March 6, 2004	Saguaro Lake (Joint JROTC)

Events can't happen without volunteers from the club. Volunteer today to help staff or set up for a meet. We'll be there to help you through your first, second, even tenth time so you don't have to go it alone.

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Tucson Club Event Schedule

June 15	Palisades
July 20	Bear Wallow
Aug 16-17	Lake Mary, AZ State Champs
Sept 21	Greasewood Park
Oct 19	Italian Trap
Nov 16	Highway 83
Dec 21	Cat Mountain

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at <http://go.to/tucsonorienteering>

GPHXO Board Meetings:

Board meetings are held monthly to discuss the business operations of the club and to plan for upcoming events. They are open to all members. Unless otherwise noted, all meetings are at 7:00 PM at the Tempe Library, downstairs in one of the study rooms.

Tuesday, June 17: Tempe Library

2003 CLUB OFFICERS:

President	Matt Dixon	motleymongoose@yahoo.com
Vice President	Mike Franklin	mfranklin@bandag.com
Secretary	Celia Jansen	crjansen120@cox.net
Treasurer	Patricia Abbott	PAAPsyD@aol.com
Newsletter	Sheryl Berling-Wolff	sherylb@cox.net
Equipment	Bob Kuhn	ulazyk@cox.net
Membership	Sheryl Berling-Wolff	sherylb@cox.net
Permits	Rita Locke	arizonarita@yahoo.com
Publicity	Tim Tablada	
Volunteer Coordinator	Ron Jansen	RDJ120@cox.net
Mapping	Matt Dixon	motleymongoose@yahoo.com
Webmaster	Sherm Epperson	tender-moments@cox.net

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P.O. Box 51114
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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (480) 706-4824
gphxoc@yahoo.com

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS

- NEW MEMBER INDIVIDUAL (\$12)
 RENEWAL FAMILY (\$14)
 Yes, I can help staff a club meet. Call me.

Members receive a bi-monthly (or more) newsletter, have voting privileges, and receive a discount on club events and the Land Navigation class.