



NEWSLETTER - MARCH 2004



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

March 6 - Saguaro Lake: Classic/Score-O Mix

Join us Saturday, **March 6th**, at a site near Saguaro Lake, northeast of Phoenix. Our folks really enjoy Score-Os (find controls in any order) but we now have several advanced orienteers who want the long legs and hard-to-find locations of an advanced course. We will offer white (beginners) and red (advanced) courses and a Score-O for the rest of you. The terrain is rolling hills, and with many fires over the years, it's mostly sparse grassland cover good for clear running. You adventure racers will want the challenge of the red course.

People of all skill levels can participate and, of course, there will be a beginners' clinic. Everyone, including non-competitors, must be off the course by 1:00 PM when the course closes. You may start anytime after the course opens. Score-O competitors have up to 2 hours to finish the event and Classic competitors race for the best time. Everyone, including non-competitors, must be off the course by 1:00 when the course closes.

Schedule:

Registration Starts.....	9:00
Beginner's Clinic	9:30
Course opens	9:30
Course closes	1:00

Cost(member/non-member):

Individual	\$4/\$6
Family / team rate	\$6/\$8

Directions to Saguaro Lake From Phoenix: There are two routes; the Beeline Hwy (87) is 4 lanes, direct but not very scenic and the Bush Hwy is 2 lanes and winding, but the scenery is great once you get past north Mesa. For the Beeline (87): from Loop 202 and Country Club (the Beeline), go northeast on the Beeline (past Fountain Hills) 22 miles and turn right at the Saguaro Lake/Bush Hwy turnoff. Our site is 0.2 miles on the right. Look for an orange and white orienteering "sandwich board" at the turnoff to our site.

For the Bush Hwy: From Power road and the Superstition (US60), go northeast 22 miles (Power turns into the Bush Hwy). You'll pass the Usery Pass turnoff in 13.5 miles, but stay on the Bush Hwy. When you see the sign that says "Junction 87 - 1/2 mile", turn left into the big open area about 0.3 miles after the sign. Look for an orange and white orienteering "sandwich board." Go slow, it's just a short dirt entrance into the area.

What to bring:

water bottle(s) and lunch
whistle (**required for all**; available for \$1)
compass (some available to rent for \$1)

Water will be available only at the parking area. Bring water bottles to have with you on the course.

Greater Phoenix Orienteering Club
<http://www.geocities.com/phxo>

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

February B Meet—First Water Results

<u>RED MA</u>	<u>TIME</u>
Ludwig Hill	1:23:17
Walt Smith	2:06:54

<u>RED MJ</u>	<u>TIME</u>
Jason Bowman	1:33:35

<u>RED MV</u>	<u>TIME</u>
Leif Lundquist	1:48:29

<u>RED WA</u>	<u>TIME</u>
Peg Davis	2:25:14

<u>GREEN MV</u>	<u>TIME</u>
Jeff Brucker	59:42
Mark Parsons	1:03:27
Jim ODonnell	2:34:38

<u>GREEN MA</u>	<u>TIME</u>
Max Suter	53:18
Forest Brown	1:21:20

<u>WHITE MJ</u>	<u>TIME</u>
Robert Baran	53:20

<u>WHITE TAJ</u>	<u>TIME</u>
Team Fochesatos	1:14:45

<u>YELLOW WA</u>	<u>TIME</u>
The Smiths	2:02:07

ORANGE TIME
The orange course was disqualified from rankings due to a misplaced control.

Gary Thomas	DNF
Lois Kimminau	DNF

<u>BLUE MA</u>	<u>TIME</u>
Magnus Landstad	1:16:48
Ron Birks	1:20:24
Erik Ringnes	1:28:42
Mark Fochesato	1:32:10
Rob Morden	2:18:42
William Stevens	2:21:05

<u>BLUE MAT</u>	<u>TIME</u>
Andy Krebs & Cory Hove	1:40:49

<u>BLUE TA</u>	<u>TIME</u>
Team Where's North	DNF

<u>BLUE WA</u>	<u>TIME</u>
Barbara Bryant	1:41:50

Recreational Participants

Team Flying Eagles
 Greg Arnold
 Troop 301
 John Stanley & Ed W.
 Team EA
 Jay Horvath
 Team Race or Die

Douglas McCulley
 Peter Neubauer
 Dixon Troop 716
 Team Lost & Found
 Lehi 7th Ward
 Team Walktall
 Team Huff 'n' Puff

ROGAINE VOLUNTEERS NEEDED—May 8 & 9

The World Rogaining Championships will be held in the White Mountains on May 8 & 9, and GPHXOers, I need you! The Tucson Orienteering Club knew this would be a big project when we bid for this event two years ago. Now that the date is drawing near, we realize it's a REALLY big project. We will have 300-500 people at the event site and many volunteers are needed.

If you're the kind of person who likes to spend the weekend in the woods and you support orienteering and rogaing in Arizona, I'm asking you to get involved. This will be the biggest event in Arizona since 1996 - and maybe the biggest event ever!

There will be lots of jobs at the meet site and none will be too complex. Help is needed to direct cars to parking, register competitors, feed the starving masses, post results and coordinate prizes. And special to Phoenicians, people are needed to oversee the shuttle bus from Sky Harbor to the site.

I've noticed that the administration at GPHXO meets seems to run smoothly with pleasant workers and this is exactly what is needed in May.

But what does the meet have to offer you? Besides the beauty of the area, how about all the plain hearty grub you can eat? Shuttle supervisors get a free ride to the site. What about the chance to see world class athletes in the midst of an event? Want to mingle with visitors from 8 countries? Come on, when was the last time you chatted up an Estonian? Romanian? Finn? If you'd like a chance to see what the map looks like, how about pulling a shift on The Cheater Patrol? You'll orienteer out to a control, then observe passing teams.

How might this meet change you? Being a part of the event will show you just how much fun it is to go a-rogainin' and next time we have a rogaing, I hope you'll be a competitor.

Please contact Event Director Peg Davis at pegdavis@u.arizona.edu if you could volunteer all or part of the weekend of May 8 & 9. We will be very grateful for your help.

First Water Wrap-Up

Congratulations are in order for all of you who helped to make our first "B" meet a great success. We had 71 participants and 8 volunteer staffers. The JROTC had 140 teams (that's 280 young cadets!). Many, many thanks go to Mike Franklin who personally put in so many hours on the maps and the courses. All the work put in this time will be appreciated at our future First Water events—what a great map we have.

Thanks to Pat Abbott for all the map work, Mike Franklin, Sheryl Berling-Wolff, Glenn Haselfeld and Major Jim Barnes for hanging controls and Tim Tablada, Matt Dixon, Robert Baran and all the JROTC cadets for collecting controls.

Thanks to Richard Dewey, the Naumans, Bob Kuhn, Robert Baran and Jared Kuhn for equipment setup, registration and timing. It wouldn't be the same without all you volunteers. And special thanks to Matt Dixon for arranging the portable outhouses. With this many people and not much in the way of "private bushes", they were very much appreciated.

We received many wonderful comments from participants on the courses. It seems they were just about perfect and challenging to all. With so many different courses offered for this meet, there was lots of extra work to do and thank you to all who helped us pull it off.

Semi-Annual Land Navigation Class April 1 & 3

Master the use of topographic map and compass to travel through the wilderness with skill and confidence. This class is an evening in-town session then a full day in the field at a site near the town of Superior. This class is designed for adults and is a very intensive, hands-on program.

Students walk four to five miles, with day packs, learning and practicing land navigation methods and techniques. The course covers compass use, interpreting topographical maps, and six methods of getting from point to point (walking a straight line, using checklines, contour lines, and catch features, honing in and funneling). You will also learn aiming off, pace counting, triangulation, and more.

We provide dinner at the classroom session, plus breakfast, lunch, snacks and dinner at the field session. Students must provide their own transportation to and from the site. Students provide their own Silva Ranger 15 CL 360-degree compass. (Another model may be used if it has a baseplate, a mirrored lid with a site and a mechanical declination scale adjustment). A Silva compass may be rented for \$5.

Cost is \$100 (fully refundable until 3/25/2004). Members who have joined prior to Jan 1, 2004 get a \$20 discount. **Class alumni, if it's been awhile since you've been practicing, you may take the class again for half price (\$50.00).**

Ask any of our previous students and they'll tell you what a great class it is. As our club president, Matt Dixon, likes to say, where else can you go on a catered hike like this?

World Championship ROGAINE May 8-9, 2004

The Tucson Orienteering Club is hosting the World Championship ROGAINE event this spring. This is not to be missed! Rogaining is the sport of long distance cross-country navigation for teams travelling on foot. The object is to score points by finding checkpoints located on the course within a specified time. Checkpoints may be visited in any order. Only 600 people will be allowed to register for this event. Competitor fee is \$75 through February 29th, \$100 through April 15th, and \$150 until the event. Spectator fee is \$30.

The event site is about a 4.5 hour drive from Phoenix in eastern-central Arizona. Exact directions to the site will be posted on April 17th, 2004. The event site was picked by Course Setter John Maier for its walkable forest of spruce, fir and aspen with no cactus, spiny or even nasty vegetation. This is the first time this terrain type has been used in an Arizona rogaine. A sampling of what awaits you may be glimpsed in the amateur photo gallery as seen through the lens of Course Setter John Maier! See pictures at http://rogaine.tucsonorienteeering.org/photos_thumb1.htm

Here's a description of the area that will be used:

- Size: 250+ square kilometers
- Approximate Elevation: 2500-3000 meters
- Variation: 250 meters between low and high points
- Vegetation: 1/3 open (grasslands), 2/3 forested mostly with conifers (pine, fir, spruce) and aspen, no nasty vegetation
- Water: abundant, streams crossable
- Track network: heavy
- Runnability: variable
- Impediments: lumpy ground (grass tussocks) in some open areas, rockiness in some areas, a few deep drainages (less than 150 meters deep), some cliffs
- Wildlife: Elk, deer, pronghorn antelope, and wild turkey very likely to be encountered; also possible are fox, coyote, bear, wolf (Mexican Wolf release area), raptors, small mammals, etc.

More information and online registration at <http://rogaine.tucsonorienteeering.org/index.htm>

GPHXO Upcoming Event Schedule

March 6	Saguaro Lake (Joint JROTC)
March 16	Board Meeting
April 1 & 3	Spring Land Navigation Class
April 20	Board Meeting
May 8-9	World Rogaine Championship
May 18	Board Meeting
June/July	Join with Tucson
August 14-15	Family Campout Mormon Mtn

Events can't happen without volunteers from the club. Volunteer today to help staff or set up for a meet. We'll be there to help you through your first, second, even tenth time so you don't have to go it alone.

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Tucson Club Event Schedule

March 21	Cave Creek
April 18	Silverbell
May 8-9	World Rogaine Championship
Jun 20	Bear Wallow
July 18	Lake Mary
Aug 15	Lincoln Park Night-O
Sep 19	Greasewood City Park
Oct 17	Catalina State Park
Nov 21	Highway 83
Dec 19	Cat Mountain

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteering.org

GPHXO Board Meetings:

Board meetings are held on the third Tuesday of the month to discuss the business operations of the club and to plan for upcoming events. They are open to all members. Unless otherwise noted, all meetings are at 7:00 PM at the Tempe Library, downstairs in one of the study rooms.

2004 CLUB OFFICERS:

President	Matt Dixon	motleymongoose@yahoo.com
Vice President	Mike Franklin	mikehike@earthlink.net
Secretary	OPEN	
Treasurer	Patricia Abbott	PAAPsyD@aol.com
Newsletter	Sheryl Berling-Wolff	sherylb@cox.net
Equipment	Bob Kuhn	ulazyk@cox.net
Membership	Sheryl Berling-Wolff	sherylb@cox.net
Permits	Rita Locke	arizonarita@yahoo.com
Publicity	Tim Tablada	ttracker20@hotmail.com
Volunteer Coordinator	OPEN	
Mapping	Patricia Abbott	PAAPsyD@aol.com
Webmaster	Matt Dixon	motleymongoose@yahoo.com

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P.O. Box 51114
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... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114
Contact us at (602) 212-6741
gphxoc@yahoo.com

- NEW MEMBER INDIVIDUAL (\$12)
 RENEWAL FAMILY (\$14)

Yes, I can help staff a club meet. Call me.

Members receive a bi-monthly (or more) newsletter, have voting privileges, and receive a discount on club events and the Land Navigation class.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS