



NEWSLETTER - May 2006



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

May 13-14: Lake-2-Lake Hike

We're planning something a bit different this year. This time we're going to be backpacking in on Saturday, starting NO LATER than noon, and camping overnight at a central location (maps to be provided to those interested). People can head out on their own or connect up with a group heading out from either Bear Canyon Lake or Knoll Lake (see directions).

Expect to go with a group unless you have good land nav skills. We should have leaders at both ends, and depending on the will of the crowd, we may exchange keys at the camp or we may have shuttle vehicles at one end waiting for us, or we might make the trip one way. We'll work that out when we figure out who's going.

Be sure to bring compass and whistle and count on carrying at least 6 quarts of water. We won't be able to verify that you have all the rest of what you need so be sure to ask if you're not sure. I'll have a comprehensive list available.

The hike is expected to be moderate to strenuous, for 5 to 7 miles round trip, so plan accordingly. Please RSVP to Richard Dewey at 480-236-5706, or email at richard.dewey@medtronic.com no later than May 1st.

Directions:

From Payson to Bear Canyon Lake, head East on Hwy 260 for approx. 29.5 miles and turn left at the Woods Canyon Lake turnoff, FR300.

Head West on FR300 for approx. 12.5 miles and turn right (North) on FR89.

Stay on FR89 for approx. 2.1 miles to the FR89A turnoff to Bear Canyon Lake.

We expect to be on the left before the junction. Look for the orange and white orienteering sign.

From Payson to Knoll Lake, head North on Hwy 87 from the Hwy 260 turnoff about 28.5 miles to the Rim Road turnoff (FR300).

Turn right on FR300 (gravel rd from here on – watch for a quick left turn about .1 miles in) and proceed for approx 22.6 miles to FR295E, turn left, proceed another 3.2 miles to a right turn (still FR295E) into the Knoll Lake area, go another 1.2 miles to the parking lot.

Note: all above mileages were extracted from the TOPO program and may have some error.

Greater Phoenix Orienteering Club
<http://www.phoenixorienteering.org>

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Lake Pleasant Results—March 4th, 2006Red Male

Marten Bostrom 1:05:34
 Magnus Lanstad 1:19:36
 Ludwig Hill 1:37:13

Red Team

Carolina DNF
 Texas DNF

Green Male

Arlid Orsleie 1:21:29
 Gary Thomas 2:33:13

Green Female

Pat Abbott 2:07:18

Green Team

Shadow Mtn 1 1:58:57
 Shadow Mtn 2 2:29:50

Orange Male

Ludwig Hill 48:28
 Peter Neubauer 1:13:42
 Walt Smith 1:23:44
 Mike Keating 1:34:16
 Ed Tankersley 1:47:01
 Charles Screiber 3:20:07

Orange Female

Matleena Ojapalo 1:10:32
 Laura Wasylenki 2:15:14

Orange Team

Eric & Michael 1:35:06
 Team 1 Rat 2:09:33
 SSJ DNF

Yellow Female

Jackie Ciccolo 1:01:38

Yellow Team

Shadow Mtn 3 1:20:00

White Team

: p 1:25:04

Recreational

Doug McCulley
 Diane and Gail
 Zeppies
 Slow
 Patty Adams
 Paul Marsters
 Codaki
 Juanita & David
 Glenn Haselfeld
 Wright
 Dan Hink
 Ketsy Smith

Orienteering Opportunity in So. Cal.

Course Setting Workshop, Mt Laguna, Sat-Sun May 6-7, Fee \$25, Instructor: Bill Gookin. Bill Gookin will teach a two day course-setting workshop for those who are interested in acquiring this skill, with a view to training new course setters for future orienteering events. The workshop will be held at Mt. Laguna in San Diego County. Curriculum: Day 1 is "class room" and covers course design and control placement. Day 2 is practical and will have participants set all the controls for a meet and vet other participants' controls. This workshop will be limited to twenty-five participants to provide for adequate instruction to attendees. Friends, family and spouses are, of course, welcome to camp with us. To register and to obtain further details (as they emerge), contact Don Sieveke dws4law@pacbell.net (714) 543-8419.

Upcoming Adventure Races

For lots more information, go to <http://www.sierraadventuresports.com>

4/29/06 Desert Rage Roosevelt Lake: Trekking, orienteering, mountain biking on trails and forest service roads and some pavement, lake paddling on Roosevelt Lake & mystery events looping in & out of a single transition area.

7/15/06 at Coon Bluff and 8/12/06 at Dreamy Draw Park: The *Extreme Heat AR* summer series will be a series of 2 short (Approximately 15-20K) adventure races that will each have 2 core disciplines (paddling, mountain biking, hiking, adventure tubing), and a few mystery events thrown in. They will start early in the morning and are designed to be completely finished within 3 hours, though leaders may finish between 60 & 90 minutes.

GPHXO Upcoming Event Schedule

May 13-14	Lake-2-Lake Hike
June 16-18	Join TOC at Mogollon Rim or White Mtns
July 15-16	State Champs at Lake Mary
Sept ??	Thumb Butte??
Oct 7	Annual Dinner & Meeting
Oct 12 & 14	Land Navigation Class
Nov 11-12	B-meet First Water
Dec 10	Coon Bluff
Jan 14, 2007	Lake Pleasant
Feb 11, 2007	mini-ROGAINE at Bomboy Mine
Mar 11, 2007	Saguaro Lake

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Tucson Club Event Schedule

June 17-18	Mogollon Rim or White Mtns
Jul 15-16	Lake Mary—State Champs
Sep 17	Palisades Ridge
Oct 15	Slavin Gulch
Nov 19	Catalina State Park
Dec 17	Kentucky Camp West

Did you know that GPHXO O.C. members get the “member” rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteering.org

GPHXO Board Meetings:

Board meetings are held monthly to discuss the business operations of the club and to plan for upcoming events. They are open to all members. Unless otherwise noted, all meetings are at 7:00 PM in the **Scottsdale Community College library**. Call **Richard** for specifics or to confirm meeting: **480-831-0331** (Home) and **480-236-5706** (Cell).

June 13—Richard’s Home

2005-2006 CLUB OFFICERS:

President	Richard Dewey	richard.dewey@cox.net
Vice President	Peter Neubauer	pneubauer@bluerwhite.org
Secretary	Patricia Abbott	PAAPsyD@aol.com
Treasurer	Kristina Krulikowski	vroomeuphoryay@hotmail.com
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Equipment	OPEN	
Membership	Sheryl Berling-Wolff	sherylb@cox.net
Permits	Rita Locke	arizonarita@yahoo.com
Publicity	Tim Tablada	ttracker20@hotmail.com
Volunteer Coordinator	Forest Brown	fbrown@cox.net
Mapping	Patricia Abbott	PAAPsyD@aol.com
Webmaster	Ron Birks	birksr@aztecfree.net

Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114
Phoenix, AZ 85076-1114

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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS (*required for web membership discount; we will email you when the new newsletter is on the website*)