



NEWSLETTER - March 2008



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Saguaro Lake "Deja Vu" Score-O March 9th

Due to limited time to prepare a new set of courses, we're recycling a few oldies so the show can go on. This March 9th come enjoy a nice Score-O cobbled together from past meets. Old timers may get a strange feeling that they've been here before at a control or two, but most people will find it new and challenging. Score-O participants will have two hours to find as many controls as they can to rack up points. There will also be a white course for beginners, kids, and anyone who wants to take it easy.

The terrain is rolling hills with patches of rocky ground on mostly open grassland. The majority affords clear running, but watch for loose rock and the occasional cactus. Water stations will be available on the course and at the timer's table.

People of all skill levels are encouraged to participate. A free beginner's clinic will be available for new participants and those needing a refresher. You may start anytime after the course opens at 9am until 11pm. Everyone, competitors and recreational participants alike, must be off the course and checked into the timer's table by 1pm when the course closes.

What to bring:

- Water bottle(s), food.
- Whistle (required for all: available for \$1)
- Compass (available to rent for \$1)

Cost (member/non-member):

- Individual.....\$5/\$10
- Family / Team.....\$8/\$15

Schedule:

- Registration Starts.....9:00am
- Beginner's Clinic.....9:30am
- Course opens.....9:30am
- Last Time to Start a Course.....11:00pm
- Course Closes.....1:00pm

Directions to Saguaro Lake from Phoenix:

There are two routes: the Beeline Hwy (87) and the Bush Hwy. For the Beeline (87): from the Loop 202 head Northeast on Country Club Road, which turns into the Beeline Hwy. Continue on the Beeline Hwy 22 miles (past Fountain Hills) to the Saguaro Lake/Bush Hwy turnoff. Turn right and follow the Bush Hwy 0.2 miles to the event site on the right side of the road. Look for the orange and white orienteering signs marking the pull off to the parking area.

For the Bush Hwy: from Power Road and the Superstition Freeway (US60), go North 22 miles (Power Road turns into the Bush Hwy). You'll pass the Usery Pass junction in 13.5 miles, but continue heading North on the Bush Hwy. When you see the sign that says "Junction 87 - 1/2 mile", look for the orange and white orienteering "sandwich boards" marking the parking area on the left.

Volunteers:

We need volunteers to help with setup, registration and timing tables, and with bag pick up after the meet. Please contact Forest Brown (weakonrecon@yahoo.com) if you can help.

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Night-O at Lake Pleasant Saturday March 22, 2008

Come join us for some night orienteering at Lake Pleasant on Saturday, March 22. The moon will be full, so this will aid in being able to navigate the rolling terrain near Lake Pleasant.

This will be a two-hour Score-O, with a mass start at 8:15 PM (shortly after the moon rises). Competitors can visit the controls in any order, with a point score for each control that varies with the difficulty of reaching that control. There are some low scoring controls located near the start area that will be easier to find, so less experienced orienteers can also enjoy a rewarding Night-O experience.

Maps will be distributed ~10 minutes early to allow for advanced route planning. The course is being designed so that the fastest orienteers should be able to visit most controls with the two hour time limit. Normal humans may have to settle for a less-than-ideal score. A severe scoring penalty will be applied to orienteers arriving back after the two hour time limit expires.

Phase of the Moon on 22 March: waning gibbous with 99% of the Moon's visible disk illuminated (umm.....really bright J)

A word about footwear: when considering the eternal trade between speed (running shoes) vs. durability (hiking boots), please note that in several areas of the course there are clusters of Teddy Bear Cholla cactus needles loose on the ground—which may be harder to see and avoid at night.

Schedule:

Sunset	6:43 PM
Registration opens	7:30 PM
Moonrise	7:56 PM
Maps distributed	~ 8:05 PM
Mass start	~ 8:15 PM
Course closes	10:30 PM

Fees: (member/non-member)

Individual.....	\$5/\$10
Family / Team.....	\$8/\$15

Semi-Annual Land Navigation Class April 3 & 5

Master the use of topographic map and compass to travel through the wilderness with skill and confidence. This class is an evening in-town session then a full day in the field at a site near the town of Superior. It is designed for adults and is a very intensive, hands-on program.

Participants meet **Thursday, April 3rd** (6-9 PM) in the metro Phoenix area for a classroom session then **Saturday, April 5th** (7 AM until dark) near the town of Superior for a field session. Primitive car camping is available Friday night at the field site.

Students will walk four to five miles, with day packs, learning and practicing land navigation methods and techniques.

We provide dinner at the classroom session, plus breakfast, lunch and snacks at the field session. Students must provide their own transportation to and from the site. Cost is \$100 (fully refundable until 3/30/2008). Members who have joined prior to Jan 1, 2008 get a \$20 discount.

Class alumni, if it's been awhile since you've been practicing, you may take the class again for half price (\$50.00).

Bomboy Mine a Big Success

The two-day meet at Bomboy Mine on February 9 and 10 was a big success. Approximately 45 people participated in the various courses: Score-O, White, Yellow, Bike-O, and the ultra long "Black and Blue-O". Due to the recent rains, we were treated to running washes which added an extra feature to the courses. Getting your feet wet is not a typical occurrence at a desert event. The courses were challenging with some fierce competition. Ludwig Hill won the Black and Blue event and was awarded a special trophy.

Volunteers were Mike Franklin (course setter, control hanging, timing and registration); Glenn Haselfeld (control hanging); Sheryl Berling-Wolff (equipment hauling, set-up, and tear down and beginner's clinic); Ron Birks (registration and control retrieval); Ludwig Hill (control retrieval); Pat Abbott (meet director, timing and registration, control retrieval, setting Bike-O); Forest Brown (control retrieval); Debra Allen (control retrieval); Dave Marks (control retrieval). Thanks to all the volunteers. We cannot have meets without volunteers.

Results

Saturday , February 9

Score-O Competitor	Points	Time	Rank	Bike-O Competitor	Points	Time	Rank
Ludwig Hill	930	2:28:40	1M	Windy Marks	590	2:00:00	1F
Ron Birks	865	2:33:52	2M*	Kayak Lake Mead	590	2:23:25	1T
Kayak Lake Mead	750	2:27:07	1T	MJ2	590	2:50:20	2T
Leif Lundquist	750	2:32:54	3M*	No Nav	590	2:59:12	3T
Dave Marks	730	2:30:47	4M	Ron Birks	590	2:59:32	1M
Windy Marks	720	2:26:25	1F	Team Todd	510	2:24:22	4T
Jane and Jim	620	2:28:50	2T	Dave Marks	510	2:51:30	2M**
Sierra Adventure	600	2:26:25	3T	Sierra Adventure	430	2:36:53	5T
Team Todd	510	2:29:20	4T	Ludwig Hill	410	2:40:48	3M
Matt Zeilman	410	2:32:17	6M*	Gary Hickey	180	1:06:16	4M
No Nav	395	2:47:43	5T*				
Peg Davis	330	2:19:40	2F				
Gary Hickey	300	2:18:07	6M				
Doug McCulley		--	--				
Flagstaff		--	--				
Team Snake Striker		--	--				

* Includes 5 points deducted for each full minute over 2 hr 30 min time limit

** Honorable mention: visited all controls, but forgot the control code of one control

Yellow Competitor	Time	Rank	White Competitor	Time	Rank
Jax Rickel	1:34:06	1M	John Rickel	0:39:17	1M
Tatiana & Valeria Fedyk	1:03:07	1T	Jodi Rickel	0:58:31	1F
Debra Allen	Rec	--	Yuri & Masha Fedyk	1:04:00	1T
Scott Savage	Rec	--	Flagstaff	Rec	--
			Lost	Rec	--
			Debra Allen	Rec	--

Sunday, February 10

Black and Blue O Competitor	Controls	Time	Rank	Yellow Competitor	Time	Rank
Ludwig Hill	20	5:49:10	1M	Steve Dodd	OVT	--
Ron Birks	20	6:23:17	2M	Doug McCulley	Rec	--
Robert Finlay	20	6:52:00	3M	Jaxon Rickel	Rec	--
Dave and Windy	18	6:58:20	1T	Team Rickel	Rec	--
Markus Puusepp	13	2:54:00	4M	Once Too Late	Rec	--
Forest Brown	12	5:09:00	5M			
Under the Wire	12	6:12:10	2T			
Lunatic Fringe	12	6:50:30	3T			
Kathy Eisinger	11	5:27:00	1F	White Course		
Red Energy	11	6:58:24	4T			
Dan O'Brien	8	7:38:00	Rec	Jaxon Rickel	0:24:46	1M

GPHXO Upcoming Event Schedule

March 9	Saguaro Lake
March 22	Lake Pleasant Night-O
April 3 and 5	Land Navigation Class

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Tucson Club Event Schedule

March 16	Ironwood
April 20	Slavin Gulch
May 17-18	White Mountains
June 15	Bear Wallow
July 20	Palisades
Aug 20	Lake Mary
Sept 21	Mogollon Rim
Oct 19	Chimney Rock
Nov 16	Box Canyon
Dec 21	Silverbell

GPHXO Board Meetings:

Board meetings are held monthly to discuss the business operations of the club and to plan for upcoming events. They are open to all members. Email gphxoc@yahoo.com for dates and locations.

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteering.org

2006-2007 CLUB OFFICERS:

President	Forest Brown	weakonrecon@yahoo.com
Vice President	Tim Tablada	ttracker20@hotmail.com
Secretary	Patricia Abbott	PAAPsyD@aol.com
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Volunteer Coordinator	Forest Brown	weakonrecon@yahoo.com
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Greater Phoenix Orienteering Club
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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
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c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

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