



NEWSLETTER - December 2008



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Dec 14th Score-O at Saguaro Lake

Join us Sunday Dec. 14 for a long Score-O at Saguaro Lake. Participants will have up to 4 hours to find as many controls as possible. Everyone will use the same map, but there will be controls for all skill levels, including many easy controls for beginners.

We will hand out maps at 8:50 and will have a mass start at 9:00. Please note that participants can also start the course any time up until 12:00. The time limit for all participants to finish the course is 1:00 PM. Point penalties will be applied for each minute a participant arrives after the 1:00 PM finish time. We will start picking up controls at 1:00 PM. No points will be awarded for anyone arriving after 1:30 PM.

The terrain is rolling hills with patches of rocky ground on mostly open grassland. The majority affords clear running, but watch for loose rock and the occasional cactus. Water stations will be available on the course and at the timer's table.

People of all skill levels are encouraged to participate. A free beginner's clinic will be available for new participants and those needing a refresher.

Volunteers:

We need volunteers to help with setup, registration and timing tables, and with bag pick up after the meet.

Please contact Forest Brown at weakonrecon@yahoo.com if you can help.

Schedule:

8:30 AM	Registration Starts
8:50 AM	Maps distributed
9:00 AM	Beginner's Clinic
9:00 AM	Mass Start. If you miss the mass start, you have the option of starting anytime up to 12:00 PM
12:00 PM	Last Time to Start the Course
1:00 PM	Course closes. Penalties apply for each minute that a participant arrives after 1:00 PM. Control retrieval begins.
1:30 PM	No points awarded to those arriving after this time.

Cost (member/non-member):

Individual \$5/\$10
Family / team rate \$8/\$15

What to bring:

water bottle(s), food,
whistle (**required for all**; available for \$1)
Compass (available to rent for \$1)

Directions on page 2

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Directions to the Saguaro Lake Meet

Directions to the Saguaro Lake meet site from Phoenix: Two routes: the Beeline (87) and Bush Hwys.

For the Beeline Highway(87) for those traveling from the Southeast Valley: From the Loop 202 head Northeast on Country Club Road, which turns into the Beeline Hwy. Continue on the Beeline Hwy 22 miles (past Fountain Hills) to the Bush Highway Exit 199. Turn right (south) and follow the Bush Hwy 0.9 miles to the event site on the right (west) side of the road. Look for the orange and white orienteering signs marking the pull off to the parking area.

For the Beeline Highway(87) for those traveling from the West Valley: Follow the Loop 101 to the Shea Boulevard Exit. Follow Shea Boulevard east approximately 11 miles until it intersects the Beeline Highway at Fountain Hills. Turn left (east) on the Beeline Highway and follow it approximately 10 miles to the Bush Highway Exit 199. Turn right (south) and follow the Bush Highway 0.9 miles to the event site on the right (west) side of the road. Look for the orange and white orienteering signs marking the pull off to the parking area.

Bush Hwy: From Power Road and the Superstition Freeway (US60), go North 22 miles (Power Road turns into the Bush Hwy). You'll pass the Usery Pass junction in 13.5 miles, but continue heading North on the Bush Hwy. Look for the orange and white orienteering "sandwich boards" marking the parking area on the left about a mile from the intersection with the Beeline Highway (87). (Before the sign that says "Junction 87 - 1/2 mile".)

Tucson's U-Set-It at Silverbell, Sunday Dec 21st

We begin by each person going out Sunday morning on a quadrant of the map to hang a few controls at his/her skill level. Those who do not hang controls will not qualify to participate in the Score-O. Then we'll put all the controls on the master map and copy the locations on our own maps.

At 10:30, for 1 hour, this will be a regular Score-O. Find and punch any controls you like in any order. At 11:30, it's Scavenger-O! The same controls become fair game. Retrieve the control, bring it back to the start and get even more points.

Not too confident about hanging controls by yourself? Come anyway. We only ask you to hang controls at your level of comfort. White controls are welcome. Beginner? Sorry, no beginner clinic this month. Almost a beginner: Would this be your second meet? Get to the meet a little early and find

someone about your speed (walk, fast walk, 1/2 walk/ 1/2 run, very fast) and request to accompany them as they hang controls. Merely observing what they do will improve your skills. For example, Peg will take a fast walker or two with her.

Primitive camping is available on site Saturday night. While the Geminid meteor showers will be over, the sky should still provide beautiful viewing, far from the light pollution of town.

Fees:

Members: \$5/individual, \$8/team for members of any recognized orienteering club.

Nonmembers: \$10/individual, \$15/team.

Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle. (**Cont. on next page**)

Tucson's U-Set-It at Silverbell (Cont.)

Directions: Exit I-10 at Avra Valley Road. (Exit 242). Follow Avra Valley Road west approximately 18 miles, until you see the sign "Red Rock via Silverbell Road." Turn left on the dirt road past the sign. Follow this road, which is OK for all but lowest clearance passenger cars (i.e., low riders) for 7.5 miles to the meet headquarters. Signs will guide you to the meet headquarters.

Contact Rick Medina, Meet Director (rick at monsoonadventures dot com) to volunteer to help a little at a table. You can still run the course. Please send him a note if coming to event to help us prepare map numbers—not required, but we'd appreciate it.

Schedule:

8:30-9:00 a.m. Registration opens. Choose your map quadrant and name the course level of the controls you'll be hanging (White, Yellow, Orange, Green, Red).

9:00-10:00 a.m. Hang controls.

10:00 a.m. Be back to meet headquarters, record control locations on master map.

10:30 a.m. Score-O starts.

11:30 a.m. Score-O ends, Scavenger-O begins.

12 noon Scavenger-O ends.

GPHXO Upcoming Event Schedule

NOTE: Not much is going to happen in 2009 unless we get some volunteers to be Club Officers! They plan events and attend to club business. Please consider stepping up.

December 14	Saguaro Lake
January 11, 2009	O-meet and GPS near Buckeye
February 8	TBD
March 8	TBD

Tucson Club Event Schedule

Dec 21 Silverbell

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteeing.org

2008-2009 CLUB OFFICERS:

President	OPEN	OPEN
Vice President	OPEN	OPEN
Secretary	OPEN	OPEN
Treasurer	OPEN	OPEN
Newsletter	Sheryl Berling-Wolff	sherylb@cox.net
Equipment	OPEN	OPEN
Membership	Sheryl Berling-Wolff	sherylb@cox.net
Permits	Eric Ringnes	
Publicity	Tim Tablada	ttracker20@hotmail.com
Volunteer Coordinator	Forest Brown	weakonrecon@yahoo.com
Mapping	Patricia Abbott	PAAPsyD@aol.com
Webmaster	Ron Birks	birksr@aztecfree.net.org

Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114
Phoenix, AZ 85076-1114

GPHXO Newsletter December 2008

Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS (*required for web membership discount; we will email you when the new newsletter is on the website*)