



NEWSLETTER - December 2010



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Score-O Dec 5th at Coon Bluff

***** Important - Parking Permits *****

You are now **required** to have a \$6 Tonto recreation pass to park at Coon Bluff. Parking passes aren't for sale on site so pick one up ahead of time or on your way there. (NOTE: Tonto NF parking passes are available at **any Big 5**). The nearest stores to Coon Bluff that sell them: **Circle K** (N.E. corner of Power Rd and Brown) and **Big 5 Sporting Goods** (!!!! Opens at 10am on Sunday!!!! N.W. corner of Power Rd and McDowell Rd in the Bashas Center). For a list of other stores that sell the passes visit: <http://www.fs.fed.us/r3/tonto/tp/welcome.shtml>

For those of you a little rusty on the area, Power Road intersects U.S. 60 and heads North to become the Bush Highway, which leads to Coon Bluff. The two stores listed above are on Power Road south of where the 202 Freeway crosses Power Road.

We invite you to join the Greater Phoenix Orienteering Club for a two-hour Score-O at Coon Bluff on Sunday, December 5, 2010. During the event, participants can take up to two hours to visit as many controls as possible.

For beginners, we'll have plenty of less difficult controls to keep you entertained. We'll also have a free beginner's clinic at 9:30 AM to go over basics and answer questions.

More advanced orienteers will find enough to keep them challenged for most if not all of the two-hour period. Points are awarded based on difficulty and distance. In general, the closer the control is to the start/finish point, the lower the point value.

Registration begins at 9:00 AM. We'll turn everyone loose on the course starting at 9:30 AM.

The course closes at 1:00 PM. No points will be awarded to anyone arriving after 1:30. Penalties also apply for those taking longer than two hours to complete the course.

Like most desert courses, the terrain is hilly and a bit rugged with some loose rocks and the occasional cactus. The vegetation in this area is quite sparse, but don't let your guard down. Jumping cholla and teddy bear cholla have a habit of appearing when you least expect it, especially when you're concentrating on navigating. Deer, javelina, coyotes, and a herd of wild horses have been routinely spotted in the area.

**More Details and
Directions on Page 2**

More Details and Directions to Coon Bluff From Phoenix

Schedule:

Registration Starts	9:00
Beginner's Clinic	9:30
Course opens.....	9:30
Course closes	1:00

Cost (members/non-members)

Individual	\$5 / \$10
Family/Team rate	\$8 / \$15

Volunteers:

We need volunteers to help out at the registration and timing tables, and with bag pick up after the meet. Please contact Ron Birks (birksr@aztecfreenet.org) if you can help.

What to bring:

water bottle(s)
whistle (**required for all**; available for \$1)
Tonto National Forest recreation pass (parking permit)

Directions From Phoenix

From US 60: Take US 60 (Superstition Freeway) east to Power Road, exit #188. Head north on Power Road about 12.5 miles, past the 202 overpass where Power Road turns into the Bush Highway. An alternate route would be to take the 202 exit (about 2 miles east of the Power Road exit) and drive north to the McDowell exit. From the exit travel 1 block west on McDowell to Power Road and turn right (north).

Continue north and look for the turn off to Coon Bluff on the north (left) side of the road. It will be marked by an orange/white orienteering sign on the south side (about 1 mile past the Phon D. Sutton Recreation area turnoff). Turn left and drive about 1.25 miles to the parking area.

If you get to Usery Pass Road, turn around and go back 1.25 miles and turn right.

From the westbound 202: Take the 202 west to the Power Road exit, then head north on Power Road. Follow the above directions to Coon Bluff.

Course Setter Class Coming in January

Have you ever wanted to learn how Orienteering courses are created? Join me in January for an informal class on the basics of course planning, OCAD usage, and event preparation. You'll help design and set-up the Score-O for the Saguaro Lake event on February 13th.

This is a great opportunity to test the waters and see if course setting is something you'd like to get in to. It's also a great way to improve your map reading skills and understand the thought and strategy that goes into course design.

Classes will begin early January to begin planning and to familiarize you with the OCAD software. We'll also spend 2-3 weekend days out at Saguaro Lake for field checking and bag hanging. Contact Forest Brown at weakonrecon@yahoo.com for more information and to sign up.

November Lake Pleasant Results

We really had a great day for this year's Lake Pleasant event. It was good to see that we had a decent turnout, with participants in both the Competitive and Recreation categories. Derrick Beracy had a fantastic run. Glenn gave it all, but came up short.

Besides the ricochets from the target shooting, the day was perfect, sunny and mid-80s. Forest may disagree. He twisted his ankle and limped back after what would have been a nice run. Without Forest bringing the gear and printing maps, the event could not have happened. Derrick, Glenn, Debra and Erik retrieved all controls. Thanks to everyone for your participation and your help.

Categories:

M - Male

F - Female

TM - Male Team

TF - Female Team

TX - Mixed Team

Lake Pleasant Score-O 7-Nov-10								
Total Points Possible:								
Number of Controls:								
Total Participants:		24						
Overall Place	Competitor	Total Points	Penalty Points *	Time	Category	Rank	Grand Prix Points	Team Members
1	Derrick Beracy	680	10	2:01:00	M	1	10	
2	Glenn Haselfeld	450	0	1:59:00	M	2	9	
3	Forest Brown	340	210	2:21:00	M	3	8	
4	Kristen Peers	230	0	1:58:00	F	1	10	
5	Arild Orsleie	360	130	2:13:00	M	4	7	
6	Gary Hickey	220	70	2:07:00	M	5	6	
7	Walter Smith	210	170	2:17:00	M	6	5	
8	Tim Stefek	210	60	2:06:00	M	7	4	
9	Tina Stefek	200	0	2:00:00	F	2	9	
10	Bob Wolf	170	0	1:56:00	M	8	3	
11	Tom Fleck	150	0	2:00:00	M	9	2	
12	Bob Badgett	140	190	2:19:00	M	10	1	
13	Debra Allen	80	0	1:51:00	F	3	8	
Rec	Team Fedyk	-	-	-	-	-	-	Tatiana Fedyk, Yun Fedyk, Masha Fedyk
Rec	Team Dale	-	-	-	-	-	-	Mike Dale, Matty Dale, Moose Dale
Rec	Team Tango	-	-	-	-	-	-	Ed Tankersley, Ian Tankersley
Rec	Lee Craven	-	-	-	-	-	-	
Rec	Terry Jasper	-	-	-	-	-	-	

Dec 19th: Arthur Pack Regional Park Classic-O (Near Tucson)

Orienteers of all skill levels will enjoy four courses (and an adventure race motala) on our fairly new, and recently field-checked Arthur Pack map on the northwest side of town on December 19, 2010.

Each of the four orienteering courses set for us by **Mike Wilke** of TOC will trek through terrain notable for its subtle terrain features, mapped saguaro cacti, and numerous sandy reentrants. The White course, which follows mostly trails, is ideal for youngsters and anyone who isn't comfortable with reading a road map yet. The Yellow course, which takes you off of the trails but follows helpful linear features, is a good course for the beginning adult. The Orange course, which takes you out "into the forest", is for the orienteer who is very comfortable with off-trail travel on topographic maps and has intermediate orienteering skills. The Green course (this will likely be a long green or short red depending on your viewpoint), which can take you into difficult, complex, and ambiguous terrain, are only for orienteers with advanced skills. Tucson Motala (explained below) is for the advanced orienteer who wants to go the ultra distance.

There are obvious cacti, including the saguaro, cholla and prickly pear, as well as other benign-looking shrubs still capable of rending flesh: wearing leg protection is recommended. The color map for all courses will be 1:6,000 scale with a 4 ft contour interval.

Motala: The Tucson Motala is a three-stage course that will test and develop both your navigation and endurance skills. The stages may be run in any order desired and consist of a ~3-4k on/off trail loop (or "Yellow" loop), a more navigationally challenging ~4-5k off trail loop (Orange) and a more difficult ~5-6k off trail loop (Red). We recommend that you start the first stage by 9:15 a.m. The latest time to start the last stage is 11:30 a.m. (Red loop), 11:45 a.m. (Orange), or 12:00 p.m. (Yellow). Motala fees for members of the Tucson or other recognized orienteering club are \$10/person + \$5/each additional team member for each event. Nonmember fees are \$15/individual + \$10/each additional team member for each event.

Directions: At I-10 exit 250, go east on Orange Grove Road and, after crossing under the railroad tracks, turn left on Thornydale Road. Drive North on Thornydale for 3 miles, then turn left at the Overton Rd. traffic light. Turn right at the first road approach into the parking area and park at the north end. Trip time from I-10 and Orange Grove is about 10 minutes. Park entrance/parking is free.

Fees: Classic courses: \$5/individual, \$8/team for members of any recognized orienteering club. \$10/individual, \$15/team for nonmembers. For motala fees, see the special section above. Compasses rent for \$1. Safety whistles sell for \$1. Every person, all courses, all meets is required to carry some type of safety whistle.

Schedule:

8:30 a.m. Beginners' clinic starts.

8:30 a.m. to 10:30 a.m. Registration. Express check-in for members.

9:00 a.m. Courses open.

12:00 p.m. to 1:00 p.m. Route choice reviews.

1:00 p.m. Courses close. Everyone must be back by then. Begin control retrieval (orienteering practice).

Check-In: To insure that all are safe, everyone, whether finished with the course or not, must check in formally at Start/Finish before courses close and before leaving the meet site.

Newcomers: Go directly to Registration. Ask for instructions and introductory information. To attend the free beginners' clinic, arrive between 8:15 a.m. and 8:30 a.m.

Route Choice Reviews: Orienteers love to talk about alternate routes and their advantages and disadvantages. If you would like to discuss your choices after you do the course, there will be advanced orienteers near the Start/Finish area who would enjoy going over your route with you.

Thanks to all the volunteers. We cannot have meets without you.

Course Setter:	Erik Ringnes
Meet Director:	Erik Ringnes
Bag Hangers:	Erik Ringnes
Water Station Setup:	
Equipment Hauling:	
Setup/Tear-down:	
Registration Table:	
Timing Table:	
Beginners Clinic:	
Control Retrieval:	Derrick Beracy, Glenn Haselfeld, Debra Allen, Erik Ringnes
Tabulating Results:	Erik Ringnes

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Tucson Club Event Schedule

Dec 19	Arthur Pack Regional Park Classic-O
Jan 15-18, 2011	Anza Borrego (San Diego)
Jan 23	Cat Mountain Classic-O
Feb 19-20	Box Canyon 2-Day Classic B Meet
Mar 6	Univ of Arizona Sprint
Mar 20	Kentucky Camp Score-O
Apr 17	Sweetwater Photo-O
May 15	Greaterville Classic-O
Jun 19	Tucson Street-O

GPHXO Upcoming Event Schedule

Dec 5	Coon Bluff Score-O
Jan 8, 2011	Robbin's Butte Classic-O
Feb 13	Saguaro Lake Score-O
Mar 13	First Water
Apr 2	Land Navigation Class
Apr 10	Bomboy Mine
May 21	Prescott Bike-O

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteeringclub.org

2009-2010 CLUB OFFICERS:

President	Forest Brown (acting)	weakonrecon@yahoo.com
Vice President	Tim Tablada (acting)	ttracker20@hotmail.com
Secretary	Patricia Abbott (acting)	PAAPsyD@aol.com
Treasurer	Patricia Abbott (acting)	PAAPsyD@aol.com
Newsletter	Sheryl Berling-Wolff	sherylb@cox.net
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Membership	Sheryl Berling-Wolff	sherylb@cox.net
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Publicity	Tim Tablada	ttracker20@hotmail.com
Volunteer Coordinator	Forest Brown	weakonrecon@yahoo.com
Mapping	Patricia Abbott	PAAPsyD@aol.com
Webmaster	Ron Birks	birksr@aztecfreenet.org

Greater Phoenix Orienteering Club
c/o Rockledge Services
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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*
 FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*
 FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS (*required for web membership discount; we will email you when the new newsletter is on the website*)