



NEWSLETTER - November 2011



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Score-O Nov 13th at Lake Pleasant

Join us on Sunday, November 13th, 2011 just west of Lake Pleasant on the Carefree Highway only 13 miles west of I-17. This site has great terrain for orienteering and beautiful vistas of Lake Pleasant.

This event is a Score-O type of event where the goal is to find as many controls as you can, in any order, in the time allowed (2 hours max). Points are assigned to each control and the challenge is to maximize your score through strategic route planning.

People of all skill levels can participate and, of course, there will be a beginner's clinic. You may start anytime after the course opens but everyone, including non-competitors, must be off the course by 1:00 when the course closes.

Schedule:

Registration Starts 9:00
Beginner's Clinic 9:30
Course opens..... 9:30
Course closes 1:00

Cost (member/non-member):

Individual \$5/\$10
Family / team rate \$8/\$15

Directions to Lake Pleasant From Phoenix:

Take I-17 to exit 223 which is Hwy 74. Turn west towards Wickenburg and drive 13.2 miles. Turn north on the black top that is across the road from a thumb butte. This is .6 miles west of mile marker 18. Look for orange/white signs marking the turn off from SR74 and at the meet site.

All participants will need a whistle. If you don't have one, some will be for sale for \$1.00. Compasses can be rented for \$1.00.

What to bring:

water bottle(s)
whistle (**required for all**; available for \$1)
Compass (available to rent for \$1)

There will be some water on the course but it is advisable to bring your own bottle(s).

Join Us For a Course Setter Class Coming Nov / Dec

Have you ever wanted to learn how Orienteering courses are created? Join me in December for an informal class on the basics of course planning, OCAD usage, and event preparation. You'll help design and set-up the Score-O for the Saguaro Lake event on December 11th. This is a great opportunity to test the waters and see if course setting is something you'd like to get in to. It's also a great way to improve your map reading skills and understand the

thought and strategy that goes into course design. Classes will begin early November to begin planning and to familiarize you with the OCAD software. We'll also spend 2-3 weekend days out at Saguaro Lake for field checking and bag hanging.

For more information and to sign up, contact **Forest Brown** at weakonrecon@yahoo.com

October Event Volunteers: Thanks to all the volunteers. We cannot have meets without volunteers.

Course Setters:	Gary Hickey (Score-O) Ron Birks (AR-5)
Meet Directors:	Gary Hickey, Ron Birks
Bag Hangers:	Gary Hickey, Ron Birks
Water Station Setup:	Gary Hickey
Equipment Hauling:	Gary Hickey, Ron Birks
Setup/Tear-down:	Gary Hickey, Ron Birks, Gary Parkinson, Harry Zulch, Dave Marks, Windy Marks, Glenn Haselfeld
Registration Table:	Gary Hickey, Ron Birks, Glenn Haselfeld, Kathi Douglas, Deb Ellis
Timing Table:	Gary Hickey, Ron Birks, Glenn Haselfeld
Beginners Clinic:	None
Control Retrieval:	Ludwig Hill, Glenn Haselfeld, Ron Birks, Gary Hickey
Tabulating Results:	Gary Hickey, Ron Birks

Score-O Results

Total Points Possible: 700
 Number of Controls: 24
 Straight-Line Distance: 8.5 km, 363 meters climb
 Total Participants: 8

Overall Place	Name	Total Points	Penalty	Number of Controls	Time	Category	Rank	Team Members
1	Ludwig Hill	700	0	24	1:52	M	1	
2	Glenn Haselfeld	600	0	20	1:58	M	2	
3	Forest Brown	460	0	15	1:49	M	3	
4	Julie & Merridi	200	0	10	1:52	TF	1	Julie Calderwood & Merridi
5	Team Korpong	150	210	14	2:21	TM	1	Kurt Korpong, ?
Rec	Dianna Heath	Rec	Rec	6	1:31	F		

October Orienteering Event Wrap-Up

The first event of the 2011-2012 season was held at Coon Bluff. There was a Score-O and two Classic-O courses. The Start/Finish was in the Phon T. Sutton parking lot, which is on the opposite side of the area than we usually use. Having a new staging location made the meet more fun for those of us familiar with the area. There were plenty of controls to find within easy striking distance. Some controls were chosen to allow nice views of Mount McDowell (better known as Red Mountain), the Salt River, Four Peaks, the Usery Mountains and the Superstitions.

The meet took place in unexpected high heat, with temperatures in the upper nineties. We had a low turnout, but everyone who participated had a good time. We even had plenty of sightings of wildlife, including a small group of wild horses, some mule deer, vultures, hawks, coyotes and even a big owl eating a skunk.

Several new members came out and participated in our races. We even had a dog named Bear compete in the Score-O event. A big hoorah goes out to Bear. It was very warm for him, and he suffered the kind of cactus strike that no dog (or man) should ever have to endure. On that day he was the toughest dog on Earth. He can drink from my bowl anytime.

The Score-O course had 24 controls for a total of 700 points. Route selection was critical due to the heat. Ludwig Hill swept the course, with Glenn Haselfeld and Forest Brown not far behind. There was one male team, Team Korpong, and they decided to swim for a while to get from one control to the next. Bravo to them, we were all jealous! Julie and Merridi were our lone female team, and they had a nice run, fourth best overall. Two new club members, Jay Lewis and Mike Montalvo, completed the Yellow Classic course in a tie for first place. Check out Jay's meetup site for his PTTSA organization. Two large family groups completed the White Classic course. It made us happy to see our friends the Fedyk family again and see them enjoy some time together with their friends.

Thanks to everyone who came out and participated, and many thanks to our new club members for coming to our event. As the weather cools down, the events will be even more fun. And thanks to everyone who helped with equipment hauling, course checkout, course setting, bag retrieval, and equipment breakdown. The heat was tough but we made it. Now on to the next event of the season, Lake Pleasant on November 13. See you there!

Classic White

Overall Place	Name	# of Controls	Time	Category	Rank	Team Members
Rec	Team Brown	7	1:11	TX	Rec	The Brown Family
Rec	Team Fedyk	7	1:23	TX	Rec	Tatiana Fedyk, Mashi Fedyk, Yurii Fedyk

Classic Yellow

Overall Place	Name	# of Controls	Time	Category	Rank	Team Members
T1	Jay Lewis	10	2:21	M	T1	
T1	Mike Montalvo	10	2:21	M	T1	

October Adventure Race Wrap-Up

- UTM Plotting: 9 controls, all controls mandatory to be an official finisher.
- Mystery Navigation, Distance/Bearing: 5 controls.
- Score-O: 24 controls, all controls optional, all controls worth 1 point.
- Bike-O: 10 controls, all controls optional.

We decided to offer another adventure race for our Coon Bluff event. The five-hour adventure race format allows participants to get in a full day of racing at a very reasonable cost. It's an excellent idea for those who want to experience the feel of an adventure race without having to fork out a lot of money. Unfortunately, we were unable to generate much excitement and only had 4 participants for our adventure race. I hope we're able to do better in the future; adventure racing is my favorite sport and I'd like to help others get excited about it too.

One major problem for the Coon Bluff AR-5 was our inability to get a permit allowing us to include an official bicycle portion to the race. The National Forest can be quite stingy with permits for group activities. Individuals are welcome to ride wherever they like in the National Forest, but permits for use by large groups (> 75 individuals) are given out sparingly with rules not applied to individuals. Although we did not offer an official bicycle portion to today's race, we did allow users to ride a sample course on their own. Interestingly enough, only two participants even had time to get on their bikes during the race. The other participants used the entire 5 hours to negotiate the other portions of the race.

The race had four participants - Dave and Windy participated as a team, while Harry and Gary tackled the course solo. All four are navigation experts with Dave and Windy adding an impressive resume of multi-sport race experience. The first part of the race had participants plot then visit 9 UTM controls. At UTM control #6, users were thrown a curve ball and were asked to find a circuit of 5 controls given only distance/bearing information. All participants found the UTM controls. Gary and Harry were also able to clear the Distance/Bearing portion of the race. Dave and Windy had difficulty finding DB control #1, but improvised and were able to navigate a back-course to find controls, except for control #1, in reverse order. After the UTM portion of the race, Harry and Gary arrived at the transition area after Dave and Windy but held a slight 1 control lead.

Once out on the Score-O section of the race, Dave and Windy's racing strength came through. They were able to clear the course (24 controls), then continue on to find two bicycle controls. Harry and Gary slowed down a little, but showed amazing perseverance and continued their head-to-head competition to finish the course several minutes apart. In the end, Harry pulled off a second-place finish by picking off one more control than Gary.

Thanks to all of you who participated in today's race. We really enjoy setting the courses and we're glad you took time out of your busy schedule to join us. We hope you're able to join us again in future 5-hour adventure races.

Adventure Race Results

Name	Time In			# Controls				Penalty	Total	Team Members
	UTM	Score-O	Bike-O	UTM	DB	Score-O	Bike			
David and Windy	10:08:31	12:23:29	12:58:34	9	4	24	2	0	39	David Marks, Windy Marks
Harry Zulch	10:21:18	12:39:20	--:--:--	9	5	19	0	0	33	
Gary Parkinson	10:20:00	12:37:45	--:--:--	9	5	18	0	0	32	

GPHXO Upcoming Event Schedule

Nov 13	Lake Pleasant Classic-O
Nov/Dec	Course Setter Class (see pg 2)
Dec 11	Saguaro Lake Score-O
<u>2012</u>	
Jan 7	Robbins Butte
Feb 12	Needle Vista Score-O
March 11	Coon Bluff
April 28-29	Bomboy Mine (TBD)

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteeringclub.org

Tucson Club Event Schedule

Nov 20	Catalina State park Classic-O
Dec 18	Ironwood Picnic Area Classic-O
<u>2012</u>	
Feb 18-20	Southwest Spring 3-day Classic B-Meet
Mar 18	Italian Trap
Apr 14-15	Slavin Gulch
May 20	Box Canyon
Jul 15	Palisades
Sep 16	Bear Wallow
Oct 21	Chimney Rock
Nov 18	Catalina State Park Classic-O

2011-2012 CLUB OFFICERS:

President	Forest Brown (acting)	weakonrecon@yahoo.com
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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
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Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

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