



NEWSLETTER - February 2012



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Needle Vista - Sunday February 12, 2012 3-Hr Score-O and 5-Hr Adventure Race

We have a special treat planned for Sunday, February 12 at Needle Vista. In addition to hosting a 3-hour Score-O at one of the most scenic locations used by our club, we're also planning to throw in a 5-hour adventure race for those who really want to get some navigation practice. We hope you'll find the time to join us for a great day of orienteering.

Schedule:

Adventure Race Registration Begins	07:00
Mandatory Adventure Race Briefing	07:45
Adventure Race Mass Start	08:00
Score-O Registration Begins	08:30
Score-O Course Opens	09:00
Beginner's Clinic	09:30
Registration Ends	12:00
5-hour Adventure Race Ends Last Time to Finish Score-O	13:00
Participants Marked as "DNF" for arrival after this time limit.	13:15

Cost for Score-O and AR-5

Individual (member/non-member)	\$5/\$10
Family/team rate (member/non-member)	\$8/\$15

What to Bring

Whistle (Mandatory for all. Can purchase for \$1)

Compass (Mandatory for all. Can for rent for \$1)

Water. There will be water at the start/finish and one or two water stations on the course. However, you are strongly encouraged to bring your own water bottles or a camelback.

Sun screen. little or no shade on the course.

Sturdy hiking shoes and long pants recommended. You may encounter cactus, cat claw, and loose terrain, especially on the Score-O.

Directions:

From Phoenix, take US 60 (Superstition Freeway) east to Apache Junction, then exit at Idaho Road (exit 196). Turn left on Idaho Road and continue about 2.5 miles north to the point where AZ 88, the Apache Trail, veers to the right. Continue on AZ 88 for approximately 7.5 miles to mile marker 203, then 0.6 miles further to the Needle Vista Viewpoint on your right. The events will be staged from the Needle Vista Viewpoint parking lot. Please note that there are no bathroom facilities at the Needle Vista Viewpoint. Make sure to stop along the drive to the event site if you feel particularly shy about the lack of bathroom facilities.

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

3-Hour Score-O

The Score-O will consist of 25+ controls spread out around a start/finish point. Participants choose their own route in order to visit as many controls as they can while maximizing their point total within the three-hour time limit. Controls are allotted different point values based on the distance from the start/finish area and the navigation difficulty.

For our friends with less orienteering experience, we'll provide plenty of controls closer to the staging area to give you some easier navigation practice. We'll add a few extra difficult controls further out to try to keep our hardier orienteers entertained.

The total straight-line distance to visit all controls will be about 10 km. The total elevation gain will be 600+ meters. We'll give everyone 3-hours to visit as many controls as they can. We hope this extra time will allow more people to find all controls in the allotted time. Please remember that participants can decide to visit as few or as many controls as they like. You can even bring your camera to capture the incredible views of Weaver's Needle.

Registration for the Score-O begins at 08:30. The Score-O course opens at 09:00. Depending on attendance, we'll provide a beginners clinic at around 09:30. We'll be happy to answer individual questions outside of the clinic too.

Although the race is officially a 3-hour Score-O, you're welcome to start the event any time up until 12:00. The course officially closes at 13:00. If you start late, you won't be given the full 3-hours to complete the course. We'll deduct 10 points for each minute a participant arrives after the 3-hour time limit. We'll also deduct 10 points for each minute a participant arrives after 13:00. All points will be lost and the participant will be marked as "Did Not Finish" if they arrive after 13:15.

5-Hour Adventure Race (AR-5)

Our 5-hour adventure race will include 3 separate navigation events. Because of the difficulty in obtaining a permit for bicycle events starting at the Needle Vista site, all of the navigation events will be done on foot. During each of the navigation events, a single point will be awarded for each control visited. The winner of the adventure race is the participant who visits the most controls.

UTM-Plotting

The adventure race will start with participants plotting 6 UTM coordinates on a map, then spending time visiting each of the plotted locations. To be an official finisher of the adventure race, participants are required to visit all 6 UTM controls. If all UTM coordinates are not visited, the participant(s) will be marked as "DNF".

Mystery Navigation

After completing the UTM section of the event, participants will be faced with a mystery course consisting of 5 or 6 navigation challenges. Participants may decide to visit as few or as many of the mystery controls as they like. All mystery event controls are optional.

**5-Hr Race details
continued on page 3**

5-Hour Adventure Race Continued

Score –O

Finally, participants in the adventure race will navigate the same Score-O as other orienteers. Just like the Score-O, participants in the adventure race may decide to visit as few or as many of the Score-O controls as they like. Unlike the Score-O, each control is only worth 1 point. Adventure racers will plan their routes to maximize the number of controls that they visit.

Registration for the Adventure Race begins at 07:00. There will be a mandatory briefing at 07:45, followed by a mass start at 08:00. The race ends at 13:00. For those coming in after 13:00, a single point will be deducted for each minute a participant arrives after the time limit. All points will be deducted and "Did Not Finish" will be recorded for participants that arrive after 13:15.

Please note that you're welcome to start the adventure race after 08:00. However, you will not be given the full 5-hours if you start late. The race will terminate at 13:00 regardless of when you start the race.

Categories

Depending on the number of participants, the AR-5 will have the categories listed below. "Teams" will be comprised of 1,2,3,or 4 individuals.

1. Solo Male
2. Solo Female
3. Team-Male
4. Team-Female
5. Team-Mixed

Write-Up from January Robbins Butte Event

We had near perfect weather for the four classic courses at Robbins Butte. We had several new orienteers trying out the beginner White/Yellow course. Thanks mostly to the 1+ hour clinic taught by Erik Ringnes, all orienteers completed the White/Yellow successfully, and most also visited 5 or more controls on the Orange course as well. Well done!

In total, 22 orienteers hit the desert floor in search of the elusive control markers. Competitors on the Green and Red courses also had to contend with several "dummy" con-

trols placed 50-80 meters away from the real control. Judging from multiple "extra" punches on the score cards, it appears that several people had to do a double-take on one or more controls.

We also heard that several competitors had difficulty finding the "FB" control on the Red course—our apologies if the control was hung so that it was hard to see from most angles.

Many thanks to the volunteers who help run the event and supported control retrieval. You'll find our volunteers listed on page 5.

Results of January Robbins Butte Event:

Categories: M - Male F - Female T - Team

Red Course

Name	Category	Time	Rank	Team Members
Ludwig Hill	M	1:17:57	1-M	
Erik Ringnes	M	1:46:14	2-M	
Mike Zampino/Kelli Allstot	T	1:51:30	1-T	Mike Zampino, Kelli Allstot
Michael Minium	M	1:52:32	3-M	
Forest Brown	M	2:24:00	DNF	
Martin Dimitrov	M	2:37:00	DNF	

Green Course

Name	Category	Time	Rank	Team Members
John & Ryan Anhold	T	1:21:00	1-T	John Anhold, Ryan Anhold

Orange Course

Name	Category	Time	Rank	Team Members
Debra Allen	F	1:57:34	1-F	
Dan O'Brien	M	2:40:00	1-M	
J&J Kilbourn	T	2:41:00	1-T	J Kilbourn, J Kilbourn

White/Yellow Course

Name	Category	Time	Rank	Team Members
Mike Zampino/Kelli Allstot	T	0:27:39	1-T	Mike Zampino, Kelli Allstot
Linda Wadleigh	F	0:33:00	1-F	
Kevin & Nate Adams	T	0:36:00	2-T	Kevin Adams, Nate Adams
Julie/Merridith	T	0:36:30	3-T	Julie ?, Merridith ?
Paul & Ben Willcox	T	0:39:26	4-T	Paul Willcox, Ben Willcox
Tina/Asia	T	0:55:10	5-T	Tina ?, Asia ?

GPHXO Upcoming Event Schedule

Feb 12	Needle Vista Score-O
March 11	Coon Bluff
April 28-29	Bombay Mine (TBD)

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Thanks to all the volunteers. We cannot have meets without volunteers.

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteeringclub.org

Course Setters:	Glenn Hasselfeld
Meet Directors:	Glenn Hasselfeld
Bag Hangers:	Glenn Hasselfeld
Water Station Setup:	Glenn Hasselfeld
Equipment Hauling:	Forest Brown
Setup/Tear-down:	Forest Brown, Glenn Hasselfeld
Registration Table:	Debra Allen
Timing Table:	Glenn Hasselfeld
Beginners Clinic:	Erik Ringnes
Control Retrieval:	Ludwig Hill, Debra Allen, Mike Minium, Mike Zampino, Kelli Allstot, Dan O'Brien
Tabulating Results:	Glenn Hasselfeld

Tucson Club Event Schedule

Feb 18-20	Southwest Spring 3-day Classic B-Meet
Mar 18	Italian Trap
Apr 14-15	Slavin Gulch
May 20	Box Canyon
Sep 16	Bear Wallow
Oct 21	Chimney Rock
Nov 18	Catalina State Park Classic-O

2011-2012 CLUB OFFICERS:

President	Forest Brown (acting)	weakonrecon@yahoo.com
Vice President	Tim Tablada (acting)	ttracker20@hotmail.com
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Greater Phoenix Orienteering Club
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P.O. Box 51114
Phoenix, AZ 85076-1114

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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*
 FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*
 FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS (*required for web membership discount; we will email you when the new newsletter is on the website*)