



NEWSLETTER - April 2012



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Saturday, April 14, 2012: Bomboy Mine 2-/4-Hour Mini Rogaine, Bike-O, and 5-Hour Adventure Race

On Saturday, April 14th, the Greater Phoenix Orienteering Club will hold the last event of the season. We will offer a 2-hour Score-O, a 4-hour Score-O, a Bike-O, and a 5-hour Adventure race for those who want it all. This event will be held at our Bomboy Mine area out near the town of Superior. We haven't been to this area in several years so it should be a new, interesting, and challenging map for everyone.

The Score-O format allows you to choose your own route in the allotted time, with the goal of collecting the highest number of points. The harder and/or farther out the controls the more points they're worth. The Bike-O will follow a pre-determined route along roads and trails. Participants must travel the route on their bike and collect all the controls located along the way. For the adventure racers, they will have 5 hours to complete a UTM plotting section, the Bike-O course, then the Score-O in the remaining time. Folks who don't want to do the adventure race can opt to do the Score-O and/or Bike-O separately.

2-Hour and 4-Hour Score-O

The Score-O event will have a 2-hour and a 4-hour version. Participants can choose either, depending on how long they feel like running around in the desert.

Both will use the same map, and in practice one could start out doing the 2-hour and switch to the 4-hour, or vice-versa. Just be sure to inform the timer table of your intentions when you return from the course. The Score-O course will be made up of controls and all levels of difficulty, from beginner's level controls on trails and roads at prominent landmarks, all the way to advanced controls at subtle terrain features far out on the map. The higher the difficulty level, the higher the amount of points the control will be worth. There will be plenty of challenges for all experience levels. The goal will be to accumulate as many points as possible in the allotted time.

Registration will begin at 8:30am and the Score-O opens at 9:00am. The Score-O may be started at any time before registration closes at 11:30am. The course will close at 1:00pm sharp. There is a 10-point penalty for every minute a participant takes over the 2-hour or 4-hour limit, depending on which course they choose. Seconds are rounded up to nearest minute. Participants returning after 1:15pm will lose all points and will be marked as DNF ("Did Not Finish").

More details inside

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Bike-O

The Bike-O will be a classic orienteering course conducted on a bicycle. By 'classic' we mean that all controls must be visited in a particular order as indicated on the map. This is in contrast to the Score-O, where only a portion of the controls may be visited in any order. Participants in the Bike-O will not have a time limit other than the 1:00pm course closure time. The Bike-O may be entered at any time before registration closes at 11:30am. If one were ambitious and started early, one could do both the 2-hour Score-O and the Bike-O.

5-Hour Adventure Race

The 5-hour Adventure Race will include 3 different activities. The race will start with participants plotting 5 UTM coordinates on a 1:15,000 map, then visiting the controls in any order. Participants must visit all 5 UTM controls to be considered official finishers of the adventure race. After finishing the UTM plotting portion of the race, participants will then be sent out on the Bike-O course. The Bike-O is a 'classic' orienteering course performed on bicycle, meaning that all controls must be collected in the order as indicated on the map. The Bike-O is also a mandatory portion of the adventure race. Finally, all adventure race participants will go out on the same Score-O course used by the other orienteers. Each control will be worth points according to the control number. Each adventure racer will have the remainder of their 5-hour time to accumulate as many points as possible.

We'll have a mandatory pre-race briefing for the adventure race at 7:45am. The adventure race itself begins with a mass start at 8:00am. You could theoretically start the race late, but please note that the adventure race ends promptly at 1:00pm. A penalty of 10 points per minute (seconds are rounded up to nearest minute) is applied to those arriving after 1:00pm. All points are lost and the participant is marked as "DNF" if they arrive after 1:15pm.

Directions to Bomboy Mine:

Take the Superstition Freeway east through Apache Junction, towards Globe. About .4 miles past milepost 222 and immediately after crossing the Queen Creek bridge, turn left onto Hewitt Station Rd (Forest Road 357).

If you reach the Boyce Thompson Arboretum you have gone a half mile too far! Cross the cattle guard and continue straight ahead. After about 1.5 miles on FR357, you will cross a wash with two 15 foot high drainage pipes under the railroad tracks on the right.

Turn right on to FR 252, which is .2 mile after the wash. Our site is about 3/4 mile down the road, at a road junction. Look for an orange and white orienteering bag or orange cone at the last turnoff and at our site.

What to bring:

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| Whistle | Mandatory for all. Available for purchase for \$1 |
| Compass | Mandatory for all. Available for purchase for \$1 |
| Sun screen. | There is no shade on the course. |
| Water | There will be water at the start/finish. We will also have one or two water stations on the course. However, you are strongly encouraged to bring your own water bottles or a camelback. |
| Sturdy hiking shoes and Long pants | You may encounter cactus, cat claw, and loose terrain. |
| UTM Plotter | Adventure racers need this to plot points on their maps. |
| Pen or sharpie | Adventure racers will be plotting points on their maps. |

Schedule:

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| Adventure Race AR-5 Registration Begins | 07:00 |
| Mandatory AR-5 Pre-Race Briefing | 07:45 |
| AR-5 Begins | 08:00 |
| Score-O, Bike-O Registration Starts | 08:30 |
| Score-O, Bike-O Courses Open | 09:00 |
| Beginner's Clinic | 09:30 |
| Orienteering Registration Ends | 11:30 |
| AR-5, Score-O, and Bike-O Courses Close | 13:00 |
| Participants (Any Event) Marked "DNF" for Arrival After This Time | 13:15 |

We encourage our members to participate in the Tucson club events as well as our own. Not only is it an opportunity for more orienteering experience fairly close to home but they have some really great folks that we can learn a lot from while we enjoy their company.

Did you know that GPHXO O.C. members get the "member" rate for Tucson O.C. events? For details about the Tucson Club events, check their web page at www.tucsonorienteeringclub.org

Tucson Club Event Schedule

Score-O, Bike-O Cost (GPHXO members/non-members)

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| Individual | \$5/\$10 |
| Family/team rate | \$8/\$15 |

AR-5 Cost (GPHXO members/non-members)

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| Per Person | \$10/\$20 |
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| April 21 | Double V Scout Ranch W, Y and Sprint |
| May 20 | Box Canyon |
| Sep 16 | Bear Wallow Goat, Kid And Wild Turkey |
| Oct 21 | Chimney Rock |
| Nov 18 | Catalina State Park Classic-O |

2011-2012 CLUB OFFICERS:

| | | |
|-----------------------|--------------------------|--|
| President | Forest Brown (acting) | weakonrecon@yahoo.com |
| Vice President | Tim Tablada (acting) | ttracker20@hotmail.com |
| Secretary | Patricia Abbott (acting) | PAAPsyD@aol.com |
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Greater Phoenix Orienteering Club
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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at (602) 212-6741
gphxoc@yahoo.com

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS (*required for web membership discount; we will email you when the new newsletter is on the website*)