



NEWSLETTER - Sept 2015



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Oct 3rd Class, Oct 17-18 Rogaines

It's time for the 2015-16 Orienteering season, and we're starting off with two events in the cool of northern Arizona.

Please be aware that if there is a "government shutdown," we may have to reschedule one or both events! It's always a good idea to check the website - gphxo.org - for last minute schedule changes!

Sat. Oct 3: Intro to Orienteering & Practice Course - Holbrook AZ

Please join the Greater Phoenix Orienteering Club and the City of Holbrook as we present a clinic entitled "Introduction to Orienteering" in the Hidden Cove Park in Holbrook, AZ.

Hidden Cove Park in Holbrook is currently under development by the City of Holbrook. With spectacular cliffs and a good-sized lake, the park is home to a wide variety of birds and mammals. In addition, indigenous inhabitants occupied the site for 100's of years. Their presence is marked by over 300 remaining petroglyphs. We look forward to the continued development of this incredible natural and historic site.

Beginning Orienteering training is open to participants of all ages and at all levels of skill and fitness. Our goal is to teach some of the basic navigation concepts that you can then use to participate in a future orienteering event. Students will walk up to four kilometers, with day packs, learning and practicing land navigation techniques used for orienteering. The field training covers compass use, interpreting topographical maps, and several methods of getting from point to point using only a map and compass.

Sat Oct 17 & Sun 18: Rogaine Events in the Petrified Forest - Holbrook

On both Saturday, October 17 and Sunday, October 18, 2015, we will offer a 4-hour event called a "Rogaine" in which participants navigate on foot using only a map and compass to different locations within a designated area. Participants are allowed to visit as few or as many locations as they can within the 4-hour time limit. Our orienteering events at the Petrified Forest National Park offer an excellent opportunity to practice your navigation skills while at the same time exploring an incredibly beautiful and unique National Park.

Pre-Registration is Required! The Petrified Forest National Park does not allow any money exchange within the park. In addition, there is a strict limit to the number of competitors the Park is allowing for our events. Because of the pre-registration requirement, we have set up an on-line registration site to help with the registration for the Petrified Forest Rogaines. Fees for the events are set on a staggered scale to encourage you to register early.

For the Saturday and Sunday events, we will have an "Event Headquarters" located inside the park itself. The Event Headquarters **IS NOT** at the Visitor's Center. You need to allow an extra 15 minutes to get from the Visitor's Center to the Event Headquarters for each event. We will conduct a pre-event briefing each day at 8:30 sharp.

We have made arrangements with several local businesses in the Holbrook area to provide a special rate for our group. The preferred lodging includes a deluxe and standard motel, RV sites, cabins, paid camping, and free camping.

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Oct 3 Beginners' Class

Schedule

Registration Begins	7:30 am
Beginners' Class.....	8-10 am
Practice Sprint Registration.....	9:30 am
Sprint Event.....	10 am - 1 pm

All of Saturday's events are free, and require no pre-registration. Everyone must be off the course by 1 pm.

Directions to Hidden Cove Park

- Travel on Interstate 40 to the "Perkins Valley Road" exit 283, just west of the main Holbrook exits.
- After exiting the interstate at exit 283, turn north and drive 0.1 miles to the intersection with Golf Course Road.
- Turn east and travel approximately two miles on Golf Course Road to the Hidden Cove Golf Course.
- Just before the entrance gate to the golf course, turn right on a gravel road. This gravel road goes east for approximately a quarter of a mile, then turns north. Continue on this gravel road until it reaches the fence at the entrance to the park. Parking is located along this fence.

Google map links are available on our website, gphxo.org.

Oct 17-18 Rogaines

Pre-registration (required!)

Registration for the events is set up on the Orienteering USA website - https://www.orienteeringusa.org/eventregister/c21/register/?event_id=184 - there is a link to Event Registration on the front page of the GPHXO website - gphxo.org. We have a strict limit on the number of participants we can have in the national park. The park also does not allow on-site registration. Again, **in the event of a government shutdown, please check the GPHXO.org website, because we will probably have to postpone or cancel this National Park event!**

October 17-18 Schedule

Packet Pickup	Fri pm or Sat am
Beginners' Crash Course	7:30 am (both days)
Mandatory Briefing	8:30 am (both days)
Rogaine Course Opens	9:30 am (both days)
Course Closes	1:30 pm (both days)
Awards.....	2 pm Sunday

Registration Fees

Before 11:59 pm, Oct 9	\$20 per person per day
Before 11:59 pm, Oct14	\$35 per person per day

Directions

- Travel east from Holbrook, Arizona on Interstate 40 to exit 311.
- After exiting the interstate at exit 311, travel north into the park less than a mile to the Visitor's Center.

We strongly encourage you to review the "Event Details" on the GPHXO website - there are details about accommodations and registration that you need to be aware of!

What to Bring (all events):

- Whistle (Mandatory for all. Available for purchase for \$1)
- Compass (Mandatory for all. Available for rent for \$1)
- Water. There will be water at the start/finish . We will also have one or two water stations on the course. However, you are strongly encouraged to bring your own water bottles or a camelback.
- Sun screen. There is little or no shade on the course.

Sturdy hiking shoes and long pants are recommended. You may encounter cactus, cat claw, and loose terrain.

Participants under age 18 (all events):

All participants under age 18 are now required to have a signed parental consent form on file with the club. You can complete the form (available on the gphxo.org website) before the event and either scan it and send it to us by e-mail or bring it with you to the event.

GPHXO Upcoming Event Schedule

November 8 - Coon Bluff
December 5 - Papago Park Training event
December 6 - Lake Pleasant
January 9 - Black Canyon
February 7 - First Water
March 12 - Location TBD - Beginners Course
March 13 - Saguaro Lake
April 9/10 - new event location
May 7/8 - Prescott

Did you know that GPHXO O.C. members get the “member” rate for Tucson O.C. events?

Please visit the Tucson club’s website:

www.tucsonorienteringclub.org

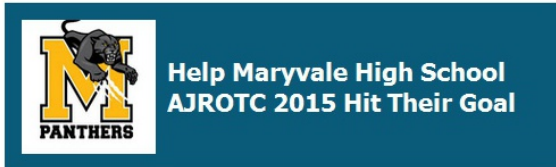
May Event Results

5/9/2015 Thumb Butte Score-O: Early arrivers at the Big Alligator Juniper start area were a bit surprised by the 2 inches of snow that fell overnight, but were treated to some gorgeous views and excellent weather. Since the woods were so wet, we delayed the start of the adventure race to 9 AM to let things melt a bit, and switched the format to begin with the biking segment. By 10:30, you could hardly tell that it had snowed. We also switched the Score-O to have a 3-hour time limit, which allowed our two top finishers to visit all 30 controls.

Top finishers include Nakai Lake (1050 points, 2:16), Ron Birks (1050 points, 2:36), Erik Ringnes (1020 points, 2:57) and Avi Minski (960 points, 2:32).

Many thanks to our two course setters (Ron Birks and Glenn Haselfeld), and to assistance provided by Gary Hickey, Erik Ringnes and Nakai Lake for timing, registration and control retrieval. Visit the website for detailed results and pictures.

for more info, follow the link on the GPHXO web site front page!



I'm raising money for *Maryvale High School AJROTC 2015*. Please help support the cause!

Donations:

Donations will help fund some of the following needs: Annual Destination Event, uniforms, travel costs, etc.

Sharing:

You can also help by easily sharing this fundraiser out to your own network of contacts. Simply click below to go to the fundraiser page where you can learn more details and support the cause! Thanks for all of your help!
Daryl Yost

2014-2015 CLUB OFFICERS:

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Treasurer
Permits
Mapping
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Volunteer Coordinator
Newsletter
Membership
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GPHXO Newsletter Sept 2015

Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:

Greater Phoenix Orienteering Club
c/o Rockledge Services

P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at gphxoc@yahoo.com

(we no longer have a phone # - contact via email - thanks!)

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS *(required for web membership discount; we will email you when the new newsletter is on the website)*