



NEWSLETTER - Dec 2015



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Dec 5, Papago Park; Dec 6, Lake Pleasant

Saturday Dec 5, Papago Park Beginner's Class and Practice

The Beginner's Training is a hands-on course teaching basic concepts used for land navigation and the sport of orienteering. Participants learn techniques to navigate using only a map and compass (No GPS!) and practice the techniques outdoors on special orienteering courses.

The training is planned for Saturday, December 5, 2015 starting at 09:00 at the Papago Sports Complex Event Site. Along with City of Phoenix Park Rangers, we'll introduce participants to concepts of navigation using only a map and compass. We'll then apply the concepts to navigate through a beginner's course shown on a map similar to ones we use at our orienteering events.

Students will walk several kilometers while learning and practicing land navigation techniques used for orienteering. The field training covers compass use, interpreting topographical maps, and several methods of getting from point to point using only a map and compass.

In addition to the beginner's training, we'll also offer a practice course on Saturday, December 5. Our

practice course will use the fixed orienteering course that the City of Phoenix created at the event site. We'll provide you with a special orienteering map to help you practice some of your newly learned orienteering skills. The practice course is open to everyone, including beginners.

Sunday December 6, Lake Pleasant 3- Hour Score-O

Join us on Sunday, December 6, 2015 just west of Lake Pleasant on the Carefree Highway only 13 miles west of I-17. This site has great terrain for orienteering and beautiful vistas of Lake Pleasant.

The goal of the Score-O is to find as many controls as you can in any order. You will have a maximum of three hours to get back to the start/finish point; otherwise, penalty points kick in. Points are assigned to each control based on difficulty and distance away from start. The challenge is to maximize your score through strategic route planning. Two washes allow you to get back to start easily if you wander around too long.

People of all skill levels can participate. Just finding a few controls can be satisfying. Help for beginners is available. You may start anytime after the event opens, but everyone must be back to start by 2 pm when the event closes.

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

Dec. 5, Papago Park

Schedule

Beginner's Training Begins	9 am
Beginner's Training Ends	11 am
Practice Course Opens	11 am
Practice Course Closes	1:00 pm

No pre-registration is necessary, and the class is free. Just how up!

Directions to Papago Park

From the intersection of McDowell Road and 64th Steeet:
 Travel north on 64th Street 0.5 miles to Oak Street.
 Turn west on Oak and travel 0.3 miles to the entrance of the Papago Sports Complex.
 Travel south on the Papago Sports Complex road 0.1 miles to the entrance of the archery range.
 Turn west and continue 0.2 miles to the parking area.
 The Papago Sports Complex orienteering event site is located next to the archery range parking lot.

Dec. 6, Lake Pleasant Score-O

Registration Fees

Individuals (member/non-member):	\$5 / \$10
Families / Teams	\$8 / \$15

Schedule

Registration Begins	9 am
Beginner's Clinic	9:30 am
Course Opens	9:30 am
Course Closes.....	2:00 pm

Visit gphxo.org for maps and detailed directions to events

Directions to Lake Pleasant:

From I-17 and the Carefree Highway

Take the Carefree Highway exit off I-17. (Northbound, take exit 223B. Southbound, take exit 223.)
 Travel west on the Carefree Highway (SR 74) 13.2 miles to Christian Church Camp Road. **There is no sign labeling this road.** The road is 0.6 miles west of milepost 18, approximately 1.5 miles west of the main Lake Pleasant entrance road. (Castle Hot Springs Road) There is a prominent thumb butte on the south side of the highway at the turn off. Look for orange/white orienteering sign marking the turn off from SR 74.
 Travel north on Christian Church Camp Road 0.7 miles to the event site located on the east side of the road

Directions from Lake Pleasant Parkway are available on our website, <http://www.gphxo.org>

What to Bring (all events):

- Whistle (Mandatory for all. Available for purchase for \$1)
- Compass (Mandatory for all. Available for rent for \$1)
- Water. There will be water at the start/finish . We will also have one or two water stations on the course. However, you are strongly encouraged to bring your own water bottles or a camelback.
- Sun screen. There is little or no shade on the course.

Sturdy hiking shoes and long pants are recommended. You may encounter cactus, cat claw, and loose terrain.

Participants under age 18 (all events):

All participants under age 18 are now required to have a signed parental consent form on file with the club. You can complete the form (available on the gphxo.org website) before the event and either scan it and send it to us by e-mail or bring it with you to the event.

GPHXO Upcoming Event Schedule

January 10 - First Water
February 27 - Robbins Butte Score-O & AR
February 28 - Papago Park Sprints
March 12 - Location TBD - Beginners Course
March 13 - Saguaro Lake
April 9/10 - new event location
May 7/8 - Prescott

Note that schedule has changed since last month!

Did you know that GPHXO O.C. members get the “member” rate for Tucson O.C. events?

Please visit the Tucson club’s website:

www.tucsonorienteringclub.org

Also consider attending the Jan 16-17 Anza Borrego event (east of San Diego, south of Indio) with San Diego Orienteering:

www.sandiegoorientering.org

November Score-O Event Results

Top finishers in the Score-O event on November 8th were Ron Birks, Team Hanly (Matt Hanly, Bianca Hanly), Storming the Castle (Brian Fabig, Irene Fabig), Brandon Duke, Bruce & Judy (Bruce Donaldson and Judy Donaldson), Noah & Kyle (Noah Rischitelli and Kyle Johnson), and Kyle Seifullin. Top finishers in the female group were Anna Sickler and Veronica Nixon.

Full detailed results are available on the gphxo.org website

Thank you to Gary Hickey and Ron Birks, who took care of all the planning, setup, and teardown afterwards. These two guys took care of everything this time around! By the way, Ron was not involved in planning or setting up the course, so he won fair and square!

2014-2015 CLUB OFFICERS:

President	Ron Birks (acting)	birks@yahoo.com
Vice President	Glenn Haselfeld	glennoutdoor@cableone.net
Secretary / Publicity	Gary Hickey	chezhickey@cox.net
Treasurer	Forest Brown	weakonrecon@yahoo.com
Permits	Erik Ringnes	ringnes@cox.net
Mapping	Glenn Haselfeld, Ron Birks	
Equipment	Gary Hickey, Erik Ringnes	
Volunteer Coordinator	Derrick Beracy	d_beracy@juno.com
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Webmaster	Ron Birks	

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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:

Greater Phoenix Orienteering Club
c/o Rockledge Services

P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at gphxoc@yahoo.com

(we no longer have a phone # - contact via email - thanks!)

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*

FAMILY (\$17) INDIVIDUAL (\$15)

OR: *download/view newsletter on website:*

FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS *(required for web membership discount; we will email you when the new newsletter is on the website)*