



NEWSLETTER - Sept. 2017



Greater Phoenix Orienteering Club - Getting There is ALL the Fun!

Sept 16-17 - Ft. Tuthill (Flagstaff)

A new GPHXO orienteering season begins this month with two days of events in the Flagstaff area!

Sat. Sept 16—Beginner's Clinic and Two Sprint Events

Please join us for a morning of orienteering fun in the cool pine forest at Fort Tuthill Park. Fort Tuthill is a Coconino County Park located several miles south of Flagstaff. Starting at 9:00, we'll conduct a beginner's training near the Flagstaff Extreme Adventure Course office. We'll continue the morning with two sprint courses starting at the same site. You're welcome to participate in one or all of the morning's events. All the events are free!

Sun. Sept 17—Five Hour Adventure Race, 2 Hr. Score-O and Bike-O

Our primary orienteering event on Sunday is a 2-hour Score-O. The event will take participants in and out of the hills and washes in the Fort Tuthill Park. The vegetation is mostly open pine forest with some areas of thicker brush. Don't worry, our maps highlight areas where there's a higher concentration of vegetation. Participants have up to two hours to visit as many "destinations" as they can.

For those who would rather tour the area on a mountain bike, we're including an interesting Bike-O

course that takes participants through more of the area. The Bike-O will have some minor biking challenges but does not include anything overly technical. The navigation for the Bike-O is easier than that for the Score-O. Destinations on the map are located within 100 meters of existing trails. Participants have as much time as they need, up to the 1:00 PM cutoff time, to visit each destination in order.

Finally, for those looking for a higher level of adventure, we're offering a longer Adventure Race that includes navigation by both mountain bike and on foot. During the adventure race, individuals and teams start together in a mass start at 8:00 AM. The race begins with a trek section with fairly easy navigation. Next, teams complete the Bike-O. Finally, participants use the remaining time to find as many of the Score-O destinations as they can.

PreRegistration & Costs for Events !

For Sunday's events, you can save money by pre-registering for the events before September 13th—see inside for details!

See inside the newsletter for schedules, costs, and directions to the events - or visit GPHXO.org

Greater Phoenix Orienteering Club
gphxo.org

c/o Rockledge Services / P.O. Box 51114
Phoenix, AZ 85076-1114

What to Bring:

- Whistle (Mandatory for all. Available for purchase at Phoenix events for \$1)
- Compass (Mandatory for all. Available for rent at Phoenix events for \$1)
- Water. There will be water at the start/finish .
- Sun screen.

Sturdy hiking shoes and long pants are recommended. You may encounter cactus, cat claw, and loose terrain.

PreRegistration

Pre-registration is not required, but we have changed our registration fees so that if you DO pre-register, it costs less to participate! Saturday's events are free; for Sunday:

Member - Individual/Team \$5/\$8
Non-Member - Ind/Team \$10/\$15
Register at the event:
Member - Individual/Team \$10/\$15
Non-Member - Ind/Team \$15/\$20

To preregister, go to the event page on our website:

<http://www.gphxo.org/>

GPHXO Membership

See the back cover of the newsletter for information on joining the Greater Phoenix Orienteering Club. When you are a member, you get a discount on the entry fees for each event, plus we will email you the newsletter each month as soon as it is available!

Parental Consent (under 18)

All participants under age 18 are now required to have a signed parental consent form on file with the club. You can complete the form before the event and either scan it and send it to us by e-mail or bring it with you to the event.

Directions:

Fort Tuthill is a Coconino County Park located just south of Flagstaff (I-17 exit 337). The park hosts a number of outdoor activities including camping, hiking, mountain biking, equestrian events, etc. The park is also home to the Flagstaff Extreme adventure course, a tree-top obstacle course that includes ropes, bridges, slides, etc. The Phoenix Orienteering Club in partnership with Flagstaff Extreme have obtained permission to host orienteering events in the cool pine forest in and around the Fort Tuthill County Park.

From Flagstaff, travel south on I-17; from Phoenix, travel north on I-17

- Take exit 337. This is the exit for both the Fort Tuthill County Park and the Flagstaff Airport.
- After exiting I-17, travel west to the large roundabout, then continue west from the roundabout into the Fort Tuthill County Park.
- Turn right (north) at the first turn to follow the entrance road into the park.

Turn left (west) at the next turn to continue to the large parking area to the north of the Flagstaff Extreme main office. Look for the orange and white orienteering signs.

Recent Event Results

May 13-14 - Prescott

The weather turned out to be perfect for a bit of tromping through the woods. A total of 41 orienteers participated.

Top finishers in the Wilderness Sprint Course were Ron Birks, Andy Wentzel, Joe Walker and Russ Pilcher. Top Team was Dream Team (Stephen Dillon and Selah Bratt; Top female individual was Heather McLean. For the Short Orange Course, top finishers were Ron Birks, Andy Wentzel, Jeff Brucker and Russ Pilcher; Desert Dolphins were the top team.

For the Night-O, Lee Magnuson was the top individual and Scorpions (Jeff Brucker, Degan Gurnett and Eli Gurnett) were the top team on Loop 1.

Top finishers on the Spence Creet 2 hour Score-O were Erik Ringnes, Ron Birks and Revenants (top team).

Thanks to Ron Birks, Russ Pilcher, Joe Walker, Jerry Stewart and Walt Smith for staffing the event.

GPHXO Upcoming Event Schedule

Sat-Sun Sep 16-17—Fort Tuthill, Flagstaff
Sat-Sun Oct 14-15—Petrified Forest Rogaine
Sat Nov 11—Papago Park Clinic & Sprints
Sun Nov 12—Black Canyon City, Rock Springs
Sat Dec 9—Mesquite Library Beginners Clinic
Sun Dec 9—Coon Bluff Night-O
Sun Dec 10—Saguaro Lake

...and we have more events planned for 2018—see the website for our new schedule!

Events with Other Clubs:

Sun Nov 19—Catalina State Park (Tucson O)

Did you know that GPHXO O.C. members get the “member” rate for Tucson O.C. events?

Please visit the Tucson club’s website:
www.tucsonorienteeringclub.org

And check out the GPHXO online store:

www.cafepress.com/greaterphoenixorienteeringclub

We’re also at:

www.meetup.com/Phoenix-Orienteering
and
www.facebook.com/GPHXO

To contact GPHXO by phone, leave a message at **602 753-8535**

Also, please update your email address book to **info@gphxo.org** - our yahoo email will still work, but this is the best one...

2016-2017 CLUB OFFICERS:

President	Ron Birks (acting)	birks@yahoo.com
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Greater Phoenix Orienteering Club

... Join Phoenix Orienteering Today ...

Send form to:
Greater Phoenix Orienteering Club
c/o Rockledge Services
P.O. Box 51114 Phoenix, AZ 85076-1114

Contact us at info@gphxo.org
phone: 602 753 8535 (leave a message)

NEW MEMBER RENEWAL

CHOOSE: *mail me the monthly newsletter:*
 FAMILY (\$17) INDIVIDUAL (\$15)

OR: *email & view newsletter on website:*
 FAMILY (\$12) INDIVIDUAL (\$10)

Yes, I can help staff a club meet. Call me.

NAME

STREET ADDRESS

CITY, STATE, ZIP

(AREA CODE) DAY TELEPHONE

(AREA CODE) EVENING TELEPHONE

EMAIL ADDRESS (*required for web membership discount; we will email you when the new newsletter is on the website*)